





# CATALOG OF AAO ONM RESIDENCY PROGRAMS



## From AOA NMM/OMM to ACGME ONMM: Accredited Residency Training

An overview of the residency program types that lead to board eligibility for AOBNMM certification

#### The Purpose

ONMM programs are unique in their dedication to the study of neuromusculoskeletal disorders (NMM) and the practice of osteopathic manipulative medicine (OMM). Completing an ACGME-accredited osteopathic neuromusculoskeletal medicine (ONMM) program will provide a strong foundation for osteopathic evaluation of neuromusculoskeletal disorders and their treatment in outpatient and inpatient, medical, surgical, pediatric, and OBGYN patients. There is a dedication to the study of osteopathic principles and practice built into the program requirements. The intent of this specialty was to have a place of recognition and study for those interested in pursuing the primary specialty originally known as OMM. It evolved into the specialty of neuromusculoskeletal medicine/osteopathic manipulative medicine (NMM/OMM) and is known today as Osteopathic neuromusculoskeletal medicine (ONMM).

#### Understanding the Role of the AOA and ACGME in ONMM Board Certification

The American Osteopathic Association (AOA) confers *primary* board certification in neuromusculoskeletal medicine and osteopathic manipulative medicine (NMM/OMM). When our training was through the AOA, there were two routes to board certification in NMM/OMM, via two distinct residency programs: a traditional three-year program (two years dedicated to NMM/OMM and a rotating internship, either as part of the program or as a separate TRI), and the Plus One residency program. There were also integrated programs that led to NMM/OMM certification. and another primary board certification.

As programs have now transitioned to the Accreditation Council for Graduate Medical Education (ACGME), the name has changed from NMM/OMM to Osteopathic Neuromusculoskeletal Medicine (ONMM). ONMM training remains the only pathway to AOBNMM board certification.

#### The Pathways

There are some distinct differences between the structure of the AOA and ACGME programs. Rather than having two distinct programs, the NMM/OMM and Plus One program, all training options are covered by the ACGME-accredited ONMM program. The ACGME has recently approved the ONMM residency to include the 1st year of training, for a total of three years. The first year remains a broad-based internship, with the ONMM 2 and 3 years dedicated to specialty training. Residents may enter at the ONMM 1, 2, or 3 level, depending on their prior training. Residents entering at the ONMM1 level will complete their training after 36-months. Residents entering at the ONMM2 level will complete their training after 24-months. Residents entering at the ONMM3 level complete their training within 12 months.

All programs are accredited for all options, but may determine at which level they want to accept applicants. Those who complete an ACGME-accredited ONMM program will be AOBNMM board eligible. Residents who wish to combine two specialties can enter an ACGME combined program for 48 months of training, or complete a three-year residency in another specialty that incorporates strong OMM components, and enter ONMM3 in year four. Both options result in board eligibility in both specialties within 48 months.

To enter at the ONMM1 level of the program, applicants may apply through the NRMP match in their 4th year of medical school. For those seeking a full ONMM residency, the advantages of entering in their 1st year are the ONMM experience, and the ability to train in a single location, and becoming familiar with the hospital and its services prior to entering their dedicated ONMM years.

To enter at the ONMM2 level of the program, applicants must have completed a postgraduate year in one of the following: AOA-approved rotating internship, AOA-approved preliminary internship in NMM, ACGME-accredited transitional year, ACGME-accredited family medicine (PGY-1 year), or ACGME-accredited PGY-1 year in any other program where the resident is able to obtain a broad-based education. There are no specific rotation requirements allowing flexibility in your choice of first years. It is recommended the program have Osteopathic recognition to make up for the ONMM experience in the ONMM 1 year. Residents applying from a first year without Osteopathic Recognition should seek ways to receive Osteopathic training to support their application.

To enter at the ONMM3 level of the program, applicants must complete an AOA-approved or ACGME-accredited residency program with Osteopathic Recognition. Residents also must have completed 12 months of rotations that could be applied to the ONMM program. Residents should also show a significant Osteopathic component in their training. It is recommended they complete 300 ONMM outpatient visits, and 15 treatments in the areas of pediatrics, surgery, Ob/Gyn, and 15 inpatient ONMM consults. The ONMM Program Requirements may be found on the ACGME website. If your training doesn't exactly match the requirements listed, contact the programs you're interested in. The program director has flexibility to work with you and help tailor a program based on the education you have, and your training goals.

**ONMM** remains the gold standard for osteopathic training and certification.

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#### AAO ONMM Residency Catalog is also available online.

For more information, visit <u>academyofosteopathy.org/residency-training</u>.



#### **PHILADELPHIA COLLEGE OF OSTEOPATHIC** MEDICINE<sub>TM</sub>

#### Osteopathic Neuromusculoskeletal Medicine (ONMM)

#### Philadelphia, PA







#### Offering

- ONMM2 pathway Traditional 2-year program
  - o After successful completion of PGY-1
- ONMM3 pathway "Plus-1 year" program
  - o After successful completion of a residency
- Seven (7) full-time OMM faculty members
  - o With varied training backgrounds and 100+ years of combined **OMM** expertise
- Friendly and cooperative administrative and clinical office staff
- Robust didactic schedule in small-group format
- Ample opportunities for teaching, research, and collaboration with other PCOM residents
- Excellent benefits package, including money allotted for CME or educational travel/expenses
- The diversity of Philadelphia and its suburbs
  - o Culture, food, events, nightlife, sports, the arts; easy travel to beaches and mountains; access to regional rail and Amtrak; close international airport; housing options for country, suburban, or urban settings



Program Director: Lauren Noto-Bell, DO

Inquiries to Program Coordinator: Mary Wilson

**(**: 215-871-6482 ☑: MaryMc@pcom.edu

Please note: At this time, we are self-funded and are only able to accept one (1) trainee at a time, in either the ONMM2 or ONMM3 pathway. We also do not participate in the Match.

#### **STONY BROOK SOUTHAMPTON HOSPITAL**

240 Meeting House Lane. Southampton. New York. 11968



Devan Trammel, DO Program Director

Residency training at Stony Brook Southampton hospital began under the umbrella of "The Residency Program in Social Medicine," with the belief that health is not the absence of disease, but a state of spiritual, physical, social, economic, and psychological well-being. We believe healthcare is a matter of social justice. We are dedicated to the full application of the biopsychosocial model. We seek to work collaboratively with patients and their families, colleagues and communities to provide excellent patient-centered care. We support a context that fosters health by providing culturally-sensitive and respectful care.

The ONM 3 Program is an fully accredited program with the ACGME. The objective of this residency is to provide a comprehensive and longitudinal experience that will afford residents exposure to the various required disciplines in inpatient & outpatient settings, strong didactics, 100% NMM board certified faculty (4) with emphasis on hands over hands training.

Training will also include varied approaches to patient care including musculoskeletal ultra sound and injections, functional medicine, integrative medicine, acupuncture.





#### **ONM 3 training program offers:**

- Full OMM hospital consult service
- · Weekly OMM continuity clinic sessions
- Weekly OMM didactics
- No Call
- 3 months of elective time
- Research opportunities
- Attend Cranial Course and AAO Conference

#### **Rotation/Elective Opportunities:**

- Addiction Medicine
- Acupuncture
- Hospice & Palliative Medicine
- Integrative Medicine
- Neurology
- Obstetrics

- Orthopedics
- Pain
  - Management
- PM&R
- Pediatrics
- Rheumatology
- Sports Medicine

For more information about the program

https://southampton.stonybrook medicine.edu/rpsom/for-fellows/nmm-plus-one

or contact us at 631-726-0409

## Osteopathic Neuromusculoskeletal Medicine Residency Program Bronx, New York



#### Jeremy Shugar, DO

Program Director, Osteopathic Neuromusculoskeletal Medicine Residency

#### **Hugh Ettlinger, DO, FAAO**

Chairman, Department of Osteopathic Medicine

Faculty, Osteopathic Neuromusculoskeletal Medicine Residency

Associate Professor of OMM, New York Institute of Technology - College of Osteopathic Medicine

#### Sheldon Yao, DO, FAAO

Faculty, Osteopathic Neuromusculoskeletal Medicine Residency

Chair of OMM Department, New York Institute of Technology - College of Osteopathic Medicine

#### Priya Bhushan, DO

Assistant Professor, New York Institute of Technology - College of Osteopathic Medicine

#### Letter from the Program Director

Thank you for your interest in the SBH Osteopathic Neuromusculoskeletal Medicine (ONMM) Residency Program. SBH has been training ONMM specialists for over 25 years and has produced numerous leaders in the osteopathic profession. Our program has initial accreditation from the Accreditation Council for Graduate Medical Education (ACGME) and is looking for residents who are passionate to learn about applied osteopathy in an unmatched clinical setting.

Located in a community-oriented hospital caring for an under served population in central Bronx, our program was designed for the study and application of osteopathy across a broad range of clinical scenarios. As an integral component of SBH's multidisciplinary approach, OMT is seamlessly incorporated into the care of inpatient medical, surgical, trauma, pediatric, neonatal and post-partum patients. During the first year, our residents join the nearly 280 house staff training across a wide variety of disciplines, to assimilate into internal medicine (IM), pediatric, trauma, intensive care (ICU), surgery, obstetrics and gynecology (OB/GYN) and emergency medicine (EM) care teams as they work to develop their basic clinical acumen.

Mornings during the second and third year are split between service on two ONMM inpatient care teams. One team provides consult services for medical/surgical inpatients, seeing an average of 10-15 consults weekly and a steady inpatient follow-up census. Meanwhile, the pediatric/newborn/OB/GYN ONMM team sees approximately 50 newborns, postpartum moms and pediatrics per week. Afternoons are spent in robust, resident-run Ambulatory OMT clinics which serve 75-80 patients per week. Additionally, core rotations in Neurology, Orthopedics, Sports Medicine, Rheumatology, and Radiology are woven into the curriculum of ONMM years two and three, as well as the opportunity to hone table training skills while serving as adjunct faculty at weekly NYITCOM, OMM labs.

A rigorous didactic curriculum supports resident learning with weekly lectures on anatomy, physiology, current medical management, biomechanics, and osteopathic philosophy. Bedside teaching rounds with surgery and IM teams reinforce an osteopathic approach to a myriad of clinical presentations. There are also Grand Rounds and teaching rounds with pediatric, IM and EM departments to enhance residents' knowledge of basic medical management. Residents will also learn to develop research and quality improvement projects, presenting their work annually at AAO's convocation and other professional meetings. Finally, palpatory skills are greatly advanced through weekly faculty-led technique labs and direct supervision of bedside treatments.

Our graduates are well-rounded clinicians who are highly recruited. They have gone on to accept positions as hospital attendings, specialists in multidisciplinary clinics, private practitioners and medical school faculty. We would love the opportunity to show you all that our program has to offer during a two or four-week rotation. Email OMMChief@gmail.com to set up your rotation soon as space is limited.

#### Jeremy Shugar, DO

Program Director,

Osteopathic Neuromusculoskeletal Medicine Residency





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#### **About SBH**

St. Barnabas Hospital is the flagship of SBH Health System, a major healthcare network providing the Bronx community with quality inpatient and outpatient medical, surgical, emergency, dental and mental healthcare services at multiple locations throughout the borough. Since its founding more than 150 years ago, SBH has continually adapted to the changing healthcare needs of the community. Today, the hospital assures timely access to the highest quality of care for the increasingly diverse populations residing in the Bronx. St. Barnabas is a nonprofit, nonsectarian, 422-bed, acute care, 911-receiving hospital that holds state designations as a level 2 regional trauma center, stroke center and AIDS center, as well as a federal designation as a community Center of Excellence in women's health.



#### **Come Rotate:**

We welcome students at all levels of training, whether it's to come and observe for a day or learn more about what we do at SBH on a month-long rotation.

No matter your skill level we will work hard to help you meet your goals. Our simple online application can be filled out anytime.

www.sbhny.org/onmm/

#### **Didactics:**

SUBJECT	DEDICATED TIME
Core Lectures - Anatomy, Biomechanics, Osteopathic Philosophy, Foundations of Osteopathic Medicine	4 hours/week
Hands on Attending Lab	1 hour/week
Resident Run Lab	4 hours/month
Medicine OMT Rounds	2 hours/month
Surgical OMT Rounds	1 hour/week
ED OMT Lecture	1 hour/month
Internal Medicine/Pediatric Grand Rounds	As requested
Resident Clinical Case Conference	1 hour/month
Journal Club	3 hours/month

#### To Apply:

The ONMM program is now approved as a full 3-year program. SBH has had their ONMM 1 year (internship) approved, and recommend students apply for the categorical (full 3 year program) if they are planning to specialize in NMM/OMM. Applications are accepted through ERAS. We participate in the ACGME National Matching Service (NMS) match. We also accept applications for the ONMM-2 year for those who have completed a broad based first year and want to pursue NMM/OMM as a specialty, depending on availability.

SBH is also approved for, and, based on availability, accept residents into the 1 year, ONMM 3 program, the ACME equivalent of the AOA Plus 1 program.

For applications to either the ONMM 2 or ONMM 3 entry levels, please contact jshugar@sbhny.org. We accept ONMM 2 and ONMM 3 residents outside the match.

#### **Get in Touch:**

If you have any questions along the way or would like to set up a rotation would be happy to help.

Jeremy Shugar, DO: jshugar@sbhny.org

#### By the Numbers:

- SBH has been training ONMM specialists since 1993
- SBH has graduated 75 ONMM Specialists in that time
- The inpatient consult service sees
   500 – 1000 consults annually
- We see almost 1500 babies born per year at SBH
- About 2000 patients come to our ambulatory clinics
- Impressive 10-acre landscaped campus with 461 hospital beds
- Affiliated with the Albert Einstein College of Medicine, NYIT College of Osteopathic Medicine, and CUNY School of Medicine
- Training programs for 250 physicians in 9 different specialties
- New York State-designated Level 2 ACS Certified Trauma Center
- New York State-designated AIDS Center
- Three ambulatory care sites
- Medical library with internet access
- Simulation lab access



www.sbhny.org/onmm/



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# Atlantic Health System Morristown Medical Center



Atlantic Health System Osteopathic Neuro Musculoskeletal Medicine (ONMM 3) At Morristown Medical Center Family Medicine – Morristown, NJ

Program Director - Jonathan Torres, D.O., MPA, FAAO, FACOFP Faculty - Joseph Melograno, D.O.

We are a diverse ONMM-3 program which is continually accredited by the ACGME. We have robust inpatient and outpatient experiences with ample opportunity to care for stable and acutely ill patients, including laboring women and hospitalized children.

We also offer a complementary osteopathically recognized family medicine residency at our site.



#### Program Outline:

- Eclectic OMT modalities
  - o HVLA/ME
  - o Cranial
  - o BLT/LAS
  - o Needle-assisted myofascial release
- In-depth weekly didactic schedule
- Subsidized resident housing available
- Moonlighting opportunities

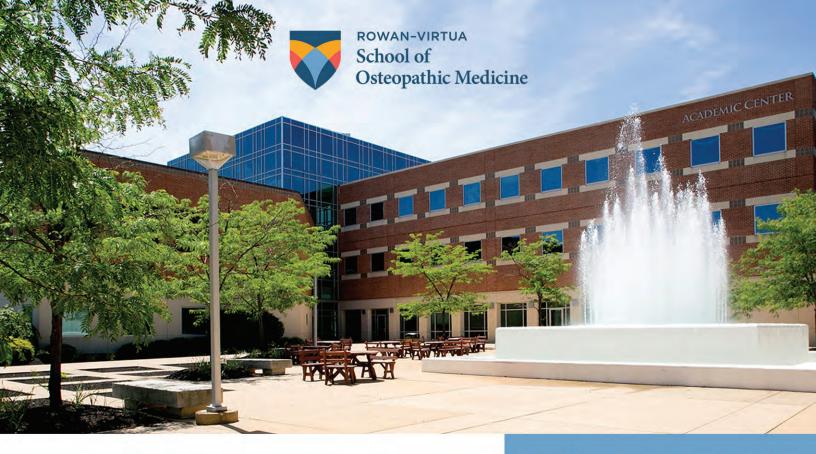
#### Research Focus:

- Numerous OMT clinical studies underway
  - Labor Induction OMT Study
  - o Otitis Media OMT Study
- AAO LBORC Poster Competition
  - o First Place 2018 & 2019



#### **RESIDENCY HIGHLIGHTS**

- All rotations within system
- Robust inpatient experience
- Obstetrics rotation including: providing OMT on women in active labor
- Newborn nursery, inpatient unit and office-based pediatrics opportunities
- Office -based injections
  - o Steroids and Prolotherapy
  - o Ultrasound guided & Landmark guided injections
- Outpatient Botox injections (Migraine and spasticity)
- Dedicated cadaver injection lab experience
- 40 Hour Cranial Course and Convocation provided
- Salary \$81,128



### **ONMM3 Pathway "Plus 1 Year"**



Program Director ALEXANDER KING, DO (kingale@rowan.edu)



Program Coordinator ALEJANDRA COE (coe@rowan.edu)

Adjunct Faculty:
Millicent Channell, DO,
MA, FAAO, FNAOME
Danielle Cooley, DO, FACOFP
James Bailey, DO, FAAPMR
Chanakya Bavishi, DO
James Healy, DO
Kirstin Sanborn, DO
Jordan Spusta, DO



Our ONMM3 Residency is ideal for residents who want to hone their osteopathic manipulative skills to better serve their patients. We emphasize the philosophy of incorporating the mind, body, and spirit when approaching the treatment of a whole patient. This program provides resident physicians extensive clinic time to diagnosis, assess treat and manage patients in all settings, including ambulatory and acute care. These skills will be attained through supervised clinical experiences, didactic education, and clinical rotations. Residents will be mentored on interpersonal skills, leadership, systems-based practice and practice-based improvement for an osteopathic physician.

The program is conducted through RowanSOM's Neuromusculoskeletal Institute (NMI). The NMI is a multidisciplinary center that includes the departments of Osteopathic Manipulative Medicine, Orthopedics, Physiatry, Physical Therapy, Headache Medicine and Substance Use Disorder. The NMI is recognized as the first Center for Excellence in the state of New Jersey. Residents treat patients who are referred from these specialties, as well as those referred from the larger medical community. ONMM3 residents will have extensive clinic time to learn to apply OMM into a variety of patients with both acute and chronic disease. Residents participate in weekly didactic sessions in osteopathic philosophy, anatomy and embryology throughout the year.









## Osteopathic Training with ECHN's Manchester Memorial Hospital Manchester, Connecticut

#### Osteopathic NMM 3 Program (Formally known as Plus One - 12 Month Program)

- Advanced postgraduate training for those completing a primary residency with osteopathic recognition or equivalent
- · Focus on advanced Osteopathic skill development
- · Study anatomy in depth
- · Teaching opportunities/Osteopathic mentorship
- · Learn leadership skills
- Develop comfort reading the primary literature to inform your practice goals
- · ONMM Board Certification
- · Osteopathic focused didactics
- · Learn OMT billing and documentation
- Refine your Osteopathic skills and integrate with your prior medical training
- · Opportunity to work with and practice MSK Ultrasound

# Tricia Hall, DO Osteopathic Neuromusculoskeletal Program Director

#### All programs are ACGME Certified.



To learn more, scan the QR code to visit academicaffairs.echn.org/ONMM or email Dr. Tricia Hall at thall@echn.org.





# Northern Light EMMC ONMM3 Residency Bangor, Maine

#### **Program Components**

#### **Established Clinical Components**

- Outpatient ONMM continuity clinic, including obstetrics and pediatrics
- Inpatient ONMM consultation service, including obstetric and newborns
- ONMM Sports Medicine clinic for NCAA Division I athletes
- 2 week optional away elective rotation with NMM certified DO
- · Required rotations/electives on site including Pain Management, Neurology, Radiology, PM&R, Rheumatology, etc.
- Access to Arizona Integrative Medicine Fellowship, Acupuncture, and Medicine in Ceremony-Indigenous Medicine Mini Fellowship

#### **Didactics / Education**

- Weekly didactic sessions osteopathic reading discussions, Journal Club, hands-on technique review using multiple OMT Modalities, board preparation and anatomy review
- Monthly Osteopathic Grand Rounds lecture/lab/table training experience including teaching MDs
- Attendance at the American Academy of Osteopathy's Annual Convocation/In-Training Exam

#### **Teaching Experiences**

- Junior Faculty role /Active Medical Staff
- Inpatient/Outpatient OMM and medical precepting experience
- Teacher's Assistant in weekly gross anatomy lab dissection
- Present formal osteopathic grand rounds lecture and lab
- Table trainer for residents/students

#### Requirements

- Graduate of an AOA residency or an ACGME residency with Osteopathic Recognition
- Completion of 40-hour Basic Cranial Course (SCTF or Cranial Academy)
- NL EMMC application with 3 professional references
- Virtual interview to selected candidates-subject to change to in person

#### Benefits

- Salary: \$73,797 (based on anticipated 3% increase)
- 20 paid days off (includes 6 holidays)
- 5 paid days for Continuing Medical Education (CME)
- Scheduled time off for conferences
- \$2,000 professional development fund
- ITE travel paid by program
- Liability Insurance, Life and Disability Insurance
- Health and dental insurance (group plan available for spouse/SO and dependent children)
- Moonlighting available
- Health Club discounts

#### Affiliations

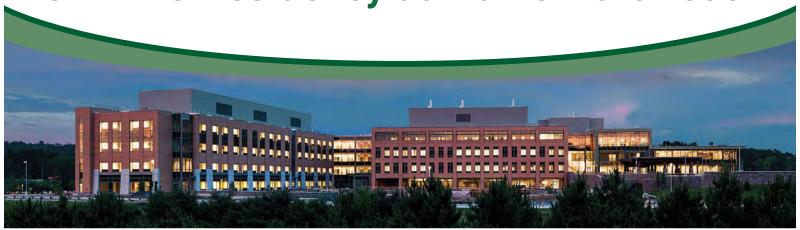
- Northern Light Eastern Maine Medical Center 411- bed, Level 2 trauma center
- Northern Light EMMC Family Medicine Residency Program ACGME with Osteopathic Recognition
- University of New England College of Osteopathic Medicine
- NEOMEN OPTI OMT Updates twice a year
- Husson University Gross Anatomy
- University of Maine Orono ONMM Sports Medicine Clinic

Program Director
K. Emily Redding, DO
Board Certified Family Medicine and NMM
Email: eredding@northernlight.org

Program Coordinator
Marie Pelkey, MS
Email: mpelkey@northernlight.org

Phone: 207-973-7973

## **ONMM3 Residency at Maine-Dartmouth**



## Please consider the ONMM3 Residency at Maine-Dartmouth Family Medicine Residency!

#### We Offer

- Excellent outpatient and inpatient ONMM3 training with an emphasis on kinesthetic learning using a "hands-on-hands" mentoring approach
- Diversity of educational and clinical opportunities
- Dedicated faculty with expertise in ONMM, integrative medicine, functional medicine and acupuncture
- Teaching opportunities with family medicine residents and medical students from University of New England, Tufts University and Geisel School of Medicine
- · Monthly anatomy lab didactics with nationally renowned neuroanatomist
- An amazing place to live and work, nestled within the lakes and hills region of Central Maine

#### **About Maine-Dartmouth**

MDFMR sponsors a 10-10-10 unopposed family medicine residency and advanced training in geriatric medicine, sports medicine and ONMM. All programs are ACGME-accredited, and the family medicine residency has Osteopathic Recognition. Compassion for the underserved, commitment to team-based care, appreciation for integrative and complementary approaches to health, cultivation of well-being, involvement in the community and devotion to the core tenets of family medicine permeate training throughout our organization. MDFMR and our teaching hospital, MaineGeneral Medical Center, are committed to supporting osteopathic principles and practice.

#### Contact Us

- Anna Veach, DO, C-NMM/OMM anna.veach@mainegeneral.org
- Katie Keene, Program Coordinator kathleen.keene@mainegeneral.org

## Based in Augusta, Maine ACGME-accredited

#### Benefits include:

- · Salary of at least \$74,616
- Ability to purchase group health and dental insurance
- · 21 days of paid time off
- 6 weeks of paid parental leave
- 5 days of CME
- \$850 CME stipend
- Up to \$1,000 for relocation expenses
- Medical malpractice insurance
- AOA and AAO membership
- Reimbursement available to attend AAO Convocation

#### **Program Director:**

Anna Veach, DO, C-NMM/OMM





Maine-Dartmouth

MDFMR
Family Medicine Residency



www.berkshirehealthsystems.org Pittsfield, MA



Program Director: Stephen Kisiel, DO skisiel@bhs1.org

Berkshire Medical Center, located in the beautiful hills of western Massachusetts, offers a 12-month Neuromusculoskeletal Medicine/Osteopathic Manipulative Medicine Plus-One (ONMM3) Residency since 2012. This additional year of training is aimed at assisting residents to hone and perfect their osteopathic manipulative skills to better serve their patients both in their primary care practice as well as act in a consultative role in ambulatory and hospital settings as well as become our teachers of the next generation.

ONMM3 residents will have extensive clinic time to learn to incorporate OMM into primary care visits as well as spend clinic time in our OMM consultation clinic. They will also spend several months rounding on our OMM hospital consultation service treating a wide variety of pathology including newborns and OB patients. Specific rotations during the residency year will include Neurology, Rheumatology, Pain Management and Physical Medicine & Rehabilitation with electives in Integrative Medicine, Pediatrics, Occupational Medicine and Orthopedics/Sports Medicine.

Book clubs and didactic sessions in osteopathic philosophy, anatomy and embryology will occur ongoing throughout the year. We have a weekly Osteopathic Didactic session in conjunction with our other many Osteopathic students, Interns and residents. Residents will also prepare and present lecture/lab sessions for our other osteopathic trainees to better prepare them as future teachers in the osteopathic profession. In addition we have a monthly Osteopathic Grand rounds with AT Still and anatomy reading and discussion as well as lecture and lab sessions with our guest speaker Dr. Andrew Goldman.

It is our aim to train our physicians to be exceptional OMM/NMM consultants and teachers as well as to incorporate OMM fully into their field of primary residency training to treat patients with levels of disease.

The program is led by Stephen Kisiel, DO a Graduate of NYCOM and board certified in Family Practice/OMT and Neuromusculoskeletal Medicine. Dr. Kisiel is on the clinical faculty at UNECOM and for Dr. James Jealous's Biodynamic curriculum which he teaches both nationally and internationally.







#### PROGRAM DESCRIPTION

The Still OPTI/NRMC ONMM residency provides unique and comprehensive osteopathic manipulative medicine services to the community through our continuity of care outpatient clinic, hospitalbased in-patient consultation services, and academic services to A.T. Still University Kirksville College of Osteopathic Medicine. Our NMM boarded attending physicians offer a variety of teaching and treatment styles.

Residents have access to A.T. Still's archives through the strong association with A.T. Still University-Kirksville College of Osteopathic Medicine and to training in a local community where osteopathic manipulative medicine is highly recognized and eagerly pursued by the local population for their health care needs. This relationship with ATSU-KCOM also gives access to a state-of-the-art human patient simulation lab, ultrasound lab, Museum of Osteopathic Medicine, A.T. Still Memorial Library and the A.T. Still Research Institute. Virtual tours of the campus and area can be seen at https://motour.atsu.edu.

For scholarly activity, residents are paired with a faculty mentor and conduct OMM-based research with the opportunity to produce and publish a research paper. Also, residents are involved in quality improvement projects.

Our ONMM residency program has continued accreditation through ACGME and accepts entry into the program at the ONMM1, ONMM2 or ONMM3 levels.



Eric Snider, D.O. **Program Director** 









Heather Bird, D.O. Brian Degenhardt, D.O. Anna Esparham, M.D.



Karen Snider, D.O.



Billy Strait, D.O.



Chelsey Stull, D.O.

#### **RESIDENCY HIGHLIGHTS**

- Ambulant patient care
- Hospital patient care
- **Didactics**
- **AAO** Convocation **CME**
- KCOM Founder's Day
- Writing and Research
- 20 Personal Days (Vacation, Sick, CME) -
- 20 Personal Days per year (Vacation, Sick) -PGY2 and above
- 10 CME Days per year - PGY2 and above
- 2 Wellness Days per
- 6 Paid Holidays
- Meal Allowance
- Temporary license fees paid-PGY1
- In-training exams paid
- Part III NBOME Boards paid once as PGY1
- Lab coat allowance
- Poster Presentation
- \$1000 Educational allowance – PGY1
- \$1500 Educational allowance – PGY2 and
- Health Insurance
- Moonlighting available
- Low cost of living

**Primary Contact:** Melissa Yowell **Program Coordinator** melissayowell@atsu.edu 660-626-2537



#### Michigan State University ONMM Residency Program



The Michigan State University ONMM Residency Program in East Lansing, Michigan offers entry into ONMM 1, ONMM 2 and ONMM 3 (plus 1) years. Our Program has been ACGME accredited since 2016, and was the first ONMM program to receive Continued Accreditation. We work hard to provide our Residents with a well-rounded educational experience that will prepare them to be successful Osteopathic Neuromusculoskeletal Medicine physicians.

#### **PROGRAM FEATURES:**

- > 3-Year Residency Program
- Access to a BIG 10 University
- Competitive Salary and Benefit Package
- ➤ Large CME Budget
- Weekly Didactics
- Elective Opportunities to Teach and Table Train Medical Students
- 20 Vacation Days per Year
- > 5 CME Days per Year

We are a large program with multiple spots available, offering training in our busy, 23 room Neuromusculoskeletal clinic with exposure to 15 physicians of diverse training and Board certifications, including NMM, Pediatrics, PM&R, Sports Medicine and Primary Care. The Inpatient experience will be fulfilled by rotating at 2 large hospitals in the Greater Lansing area.

Our Program includes core rotations in Physical Medicine and Rehabilitation, Sports Medicine, Orthopedic Spine, Rheumatology, Neurology, and many other elective rotations available. Residents will work with a dedicated D.O./Ph.D faculty member on a regular basis to explore and assist with research techniques and presentation.

As part of our program, residents will attend AAO Convocation each year of their residency as well as have opportunities to attend CME of their choosing.

#### **Contact Information**

Michele Benton, Program Coordinator bentonmi@msu.edu

For more information on our program, please visit: https://omm.com.msu.edu/index.php/residency



#### **Trinity Health Muskegon - ONMM Residency**

Our Mission is to provide a high quality, immersive 1, 2, or 3-year ONMM training experience to those interested in further developing or enhancing their osteopathic knowledge and skills. Our program is designed to provide an optimal learning and teaching environment for those who wish to pursue osteopathic theory and practice in both in- and outpatient settings that can be tailored to meet the needs of the resident who wishes to pursue either an academic or clinical career pathway. We adhere to traditional osteopathic principles in providing a wellrounded, integrated approach to the whole patient, utilizing both conventional and alternative management tools.





#### Our Opportunities:

- Serving a large and diverse patient population with complex conditions seen in busy, in- and out- patient clinical settings.
- Access to patients from a variety of specialties including surgery, obstetrics, pediatrics, orthopedics, sports medicine, occupational medicine, rheumatology, neurosurgery, in-patient rehabilitation, and physical medicine.
- Freedom to choose electives in your area of interest.
- Strong academic and research support.
- A diverse faculty with strong traditional Osteopathic training and decades of clinical experience.

- A supporting institution dedicated to fostering and nurturing osteopathic theory and practice, including A.T. Still's focus on 'The Triune Nature of Man'.
- A faculty that is supportive and experienced with alternative and integrative modalities i.e. trigger point therapy, acupuncture, frequency specific microcurrent, laser, prolotherapy, and functional medicine.
- A host institution that is eager to help support the development, maintenance, and dissemination of osteopathy now and into the future.
- The opportunity to participate in journal clubs, grand rounds, MM&I, formal didactics, and participation with the MSU Statewide Campus System.
- We are affiliated with Michigan State University and encourage our residents to take advantage of their rich and outstanding CME program.
- Competitive salary with excellent benefits including health, CME and PTO.
- A beautiful beach-side location in West-Michigan.
- For more information and how to apply, please visit:
   Neuromusculoskeletal Medicine | Trinity Health Muskegon, Graduate Medical Education
   (trinityhealthmichigan.org)









# South Pointe Hospital

#### We are recruiting for our ONMM - 3 Residency Program

#### **Unique Attributes**

- ACGME Continued Accredited ONMM-3 Residency Program
- Resident-centered education
- · Community based training program
- Shared campus with Ohio University Heritage College of Osteopathic Medicine (OUHCOM)
- One longitudinal one month inpatient OMM rotation
- Resident lead weekly inpatient OMT/Internal Medicine/Surgery Osteopathic Recognition rounds
- · Busy outpatient OMT clinic with consistent patient follow up
- · Gross anatomy lab curriculum
- Osteopathic focused radiology curriculum
- Elective longitudinal teaching experience with OUHCOM first and second year medical students, teaching associates and OMM Honor students

#### Faculty Highlights

- 5 ONMM board certified faculty with diverse treatment styles.
- Teaching faculty in Integrative Medicine, Sports Medicine,
  Orthopedic Surgery, Podiatry, Palliative Medicine, Musculoskeletal
  Radiology, Diagnostic Radiology, Physical Medicine and
  Rehabilitation, Neurology, Rheumatology, OBGYN, OBGYN Chronic
  Pain Medicine, and Breastfeeding Medicine.

#### Benefits Included

- · Competitive salary and benefits package
- Health and dental insurance
- · Access to research resources in the Cleveland Clinic system

## For More Information southpointehospital.org/Home/ONMM-3/Program-Overview



#### For Resident Rotations

Jessica Owens

Owensj13@ccf.org or 216.491.4198

#### For Student Rotations

Jessica Owens

Owensj13@ccf.org or 216.491.4198

#### To Apply

Please contact our Program Manager Jessica Owens, OwensJ13@ccf.org

The initial application can be found on ERAS. Interviews conducted virtually via Thalamus

#### Leadership



**Zhan Tao Yang, DO Program Director** 

Medical School: Touro University Nevada College of Osteopathic Medicine, Henderson, NV Residency: Family Medicine/NMM at South Pointe Hospital, Warrensville Hts., Ohio

**Board Certification:** AOBFP, ABFM, AOBNMM



Katrina Rakowsky, DO Associate Program Director

Medical School: Michigan State University College of Osteopathic Medicine, East Lansing. MI Residency: Family Medicine, South Pointe Hospital, Warrensville Hts., OH Board Certification: AOBFP, AOBNMM



Korrie Beverley-Waters, DO Core Faculty, Director of Osteopathic Education (DOE)

Medical School: Ohio University Heritage College of Osteopathic Medicine, Athens, OH

**Residency:** Summa Health System Family Medicine Residency Program, Akron, OH

**Residency:** ONMM-3 Northern Light Eastern Main Medical Center, Bangor,

**Board Certification:** AOBFP, AOBNMM

#### **Faculty**



#### Michael Bourgeois, DO Core Faculty

**Medical school:** Edward Via College of Medicine, Blacksburg, VA **Residency:** ONMM-3, South Pointe

Hospital, Warrensville Hts., OH

Residency: Internal Medicine Residency, Cape Fear Valley Medical Center, Fayetteville, NC

**Board Certification:** AOBIM, AOBNMM



#### Cheryl Hammes, DO Clinical Faculty

Medical School: Ohio University Heritage College of Osteopathic Medicine, Athens, OH

**Residency:** Family Medicine, South Pointe Hospital, Warrensville Hts., OH **Board Certification:** AOBFP,

**AOBNMM** 



#### **About South Pointe Hospital**

- Founded as an osteopathic hospital in 1957
- Training ONMM residents since 2010
- · Training programs in five specialties
- Top 10 ranked hospitals in Cleveland
- #1 Socially responsible hospital in Ohio (Lown Institute)



#### **About Cleveland Clinic**

- Ranked number 2 hospital in the world by Newsweek World's Best Hospitals 2024
- World renowned for research and innovation



#### **About Cleveland**

- · Affordable housing in a variety of settings
- Easy access to international airport
- Major sports teams: Guardians, Browns, Cavaliers
- Opportunities for research with Cleveland Clinic faculty
- Rich and diverse cultural life including: Rock and Roll Hall of Fame, Cleveland Museum of Art, Cleveland Orchestra, Little Italy, Chinatown Nightmarket and much more!

## Osteopathic Neuromusculoskeletal Medicine Residency Program

Jennifer Kingery, DO — Program Director OhioHealth O'Bleness Hospital | Athens, Ohio

#### **Osteopathic Neuromusculoskeletal Medicine Residency**

- Intensive one-year ONMM3 residency program
- **ACGME Continued Accreditation**
- Inpatient OMM consult service
- Ability to be a table trainer at Ohio University Heritage College of Osteopathic Medicine
- Ample opportunity to teach medical students and residents at all levels of training
- Located in the beautiful foothills of Ohio in the charming college town of Athens

#### **Benefits**

- **Competitive Salary**
- Competitive CME Allowance
- 20 Vacation Days plus 5 **Educational Days**
- Benefits including health, vision, dental and disability
- Paid expenses for the ITE at the American Academy of Osteopathy Convocation







Lizzie Kasler, Residency Program Consultant Lizzie.Kasler@ohiohealth.com

www.ohiohealth.com/medical-education/ how-to-apply



Jennifer Kingery, DO **Program Director** 



Stevan Walkoswki, DO Assoc. Program Director Core Faculty



Nathan Williams, DO



Benjamin Booker, DO Core Faculty









#### **Our Program:**

- CAMC GVMC ONMM Residency
  Program offers ONMM1 and
  ONMM3 level positions.
- We are an ACGME accredited program serving a diverse rural population.
  - We have many full-time ONMM faculty who utilize all treatment modalities, including weekly handover-hand training, special didactics lectures, and mentorship.
    - Diverse rotations including acupuncture, whole health, neurology, rheumatology, interventional pain, podiatry, psychiatry, and more.
  - We offer rotation opportunities at Charleston Area Medical Center, in Charleston, WV – a level one trauma center with over 20 residency/fellowship programs on
    - We offer a strong ONMM inpatient consult service with ample exposure to inpatients with a broad range of diagnoses, obstetrics, newborns, pediatrics, and orthopedics/general surgery.
    - Residents participate in robust academic medicine rotations at West Virginia School of Osteopathic Medicine. This includes weekly academic medicine OPP I/II table training with preceptor oversight, osteopathically oriented cadaveric dissections, and presentations of ONMM lecture and lab topics to WVSOM students.
    - Residents can attend specialty work-shops in Fascial Distortion Model, Proliferative Therapy, Percussion Vibrator, Cranial, Visceral Manipulation, Still Technique, NADA Training, and many more to tailor their education to their personal interests.



Pam deWilde, D.O. Program Director (304)647-6335 pdewilde@osteo.w vsom.edu



Crissandra
Digges, DO
Associate
Program Director
(304)793-6589
cdigges@osteo.wvso
m.edu



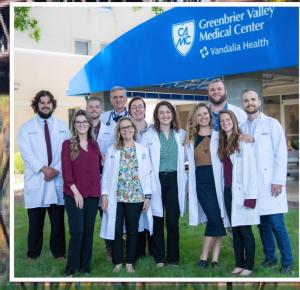
Savannah Harvey Program Coordinator (304)993-3909 savannah.harvey@ vandaliaheatth.org











#### **About the Area:**

- Located in the beautiful Alleghany Mountains of southern West Virginia our area offers a myriad of activities and amazing scenery.
- Numerous outdoor adventures in the area such as hiking, biking, disc golfing, fishing, kayaking, caving, skiing, and snowboarding.
- Greenbrier County is home to The Greenbrier Resort, with its breath-taking beauty and sweeping landscapes, and many amenities such as fine dining, a world-class spa, PGA golf courses, and outdoor adventures.
- Greenbrier is only a few hours travel from major cities such as Washington, D.C.; Charlotte, NC; Richmond and Charlottesville, VA.
- Lewisburg, WV: USA Today's "Best Small-Town Food Scene 2023 & 2024!
- Lewisburg, WV: USA Today's "America's Coolest Small Town 2011!"

#### **ONMM3 Residency & Combined ONMM3/SM Programs**

in Blacksburg, Virginia

#### Your career starts here.

The mission of the HCA Healthcare Lewis/Gale Hospital -Montgomery/VCOM ONMM Residency Program (#2755100002) is to provide residents with training in the development of osteopathic clinical competencies to practice in both the inpatient and outpatient settings as competent, proficient, and professional ONMM specialist physicians. In addition, the residency program will foster academic teaching and research growth towards the development of future physicians who can competently serve as program directors and/or researchers.





#### **Highlights**

- Emphasis on teaching traditional osteopathy & history
- Emphasis in palpatory skill development & osteopathic
- principles first, then core skills in all OMT techniques
- Emphasis on developing teaching & research skills
- Supplemental sponsored courses 2-3/yr have included: Hollis King, DO, PhD, FAAO, FCA Anthony Chila DO, FAAO, FCA - 40hr cranial course Ed Stiles DO, FAAO, FCA - AGR of body & cranium Richard Schuster DO - Teachings of Carl McConnell DO
- 120+ hours of hands-on MSK Ultrasound curriculum
- Half-day OMT clinic sessions on infant pediatrics
- Hands-on regenerative medicine exposure
- Hands-on medical acupuncture exposure
- Functional rehabilitation of chronic neuromuscular imbalance



#### Contact Information

Melissa Simpkins msimpkins@vcom.edu (540) 231-9673

Dr. Albert Kozar, DO, FAOASM Program Director akozar@vcom.edu 860-466-0809





Meet the core faculty

#### Albert Kozar DO, FAOASM, R-MSK Program Director NMMOMM, Sports Medicine & FP

- 13 years of MSK private specialty practice experience before joining VCOM in 2015
- A leading national expert in MSK Sonography
- Clinical interest include OMM, functional rehabilitation diagnostic & guided ultrasound, and regenerative medicine

#### Luke Robinson DO, DABMA Assistant Program Director NMMOMM, FP & Medical Acupuncture

- More than 7 years clinical experience
- Clinical interests include OMM and Acupuncture for all ages

#### Hope Tobey DO, FAAP, FAOP

NMMOMM & Pediatrics

- 7 years of inpatient & outpatient general pediatrics experience prior to focusing her clinical work on Peds OMM in 2016
- Clinical interests include Pediatric and obstetrical OMT

#### David Harden DO, FAAFP Discipline Chair OMM, VCOM NMMOMM, FP & Geriatrics

- 8 years in clinical Family Medicine combining general FP & OMM prior to joining VCOM in 2004
- Focus is in Geriatrics & OMM, & clinical interests in Osteopathy

#### **Harriet Shaw DO**

**NMMOMM** 

44 years of clinical experience and > 30 years of OMM faculty experience at Oklahoma before semi-retiring in Virginia







www.vcom.edu/onmm



#### ONMM Residency

#### An Amazing Opportunity

Announcing Liberty University's Osteopathic Neuromusculoskeletal Medicine (ONMM) Residency. Nestled in the Blue Ridge Mountains, of Central Virginia, our ONMM Residency Program at Liberty University offers a multitude of learning experiences in Graduate Medical Education (GME). From continuity clinics to specialty rotations, you will have the opportunity to care for patients of various ages and with diverse diagnoses, while working with peers, medical students, faculty, staff, and program leaders. Our faculty and staff are engaging, eager to teach and mentor, and approach the health of our patients holistically — body, mind, and spirit

#### **Qualifications**

Liberty University College of Osteopathic Medicine (LUCOM) is seeking candidates for entry into the Residency ONMM1, 2 or 3 year. Successful candidates will be motivated to further develop their clinical skill for specializing in ONMM, grow as teachers in medical education, and develop leadership skills. Rich in a culture of inter-professional collaboration, our dynamic program welcomes and encourages candidates to apply who are eager to engage in patient care, an excellent didactic curriculum, and collaborative scholarly activities.

#### Benefits

Competitive Salary
Health Insurance, Life Insurance, Disability insurance, and
Retirement investing start on the first day
Membership to Vital Work Life
Professional Development Fund
20 days of paid time off

#### **Graduate Medical Education**

LUCOM Graduate Medical Education Services, as well as its residency programming, equips physicians to become leaders in their specialties in the domains of clinical practice, medical education, and scholarship. The ONMM continuity clinic is housed alongside specialties of Physical Medicine and Rehab and Sports Medicine allowing for opportunities of in-depth focus on mind-body medicine and experiences caring for Division I athletes with amazing clinicians who serve as team physicians for Liberty University athletics. With a growing Pediatric and Young Adult Medicine clinic as part of the GME clinic faculty, residents in our program care for a large variety of patient populations and diagnoses. Additionally, our team of ONMM board-certified faculty are enthusiastically dedicated to resident education and development.

#### Liberty University

Liberty is located in the city of Lynchburg in Central Virginia. Lynchburg is a great place for families, American History Enthusiasts and outdoor recreation buffs with the scenic Blue Ridge parkway, Appalachian trail, boating, skiing, and championship disk golf course nearby. LU campus is over 7,000 acres and sponsors numerous cultural and athletic events, theatrical plays, and more. We welcome your interest and look forward to hearing from you.

For more information on the ONMM program, please visit: https://www.liberty.edu/lucom/Academics/GME/

#### Contact

Joy Palmer, DO, Program Director | jpalmer@collaborativehp.com Ashton Pack, Program Coordinator | apack@collaborativehp.com Liberty University College of Osteopathic Medicine Graduate Medical Education Services

## **ONMM3 Residency Program**







The ONMM3 Program is a one-year residency that focuses on training in neuromusculoskeletal medicine with emphasis on osteopathic manipulation and musculoskeletal procedures (i.e.: prolotherapy, PRP, ultrasound guided injection, etc.). Residents are taught a comprehensive array of osteopathic techniques for a diverse population of patients. We maintain an inpatient ONMM consultation service at our home institution, outpatient ONMM clinic, and teach medical students from a variety of osteopathic medical schools. Weekly half-day academic sessions are held. In addition, special emphasis will be placed on neurology, rehabilitation, radiology, sports medicine, and orthopedics as they relate to the neuromusculoskeletal system of patients.



#### ONMM3 program:

- Busy outpatient clinic
- Diverse patient population
- Ample teaching opportunities
- PRP/prolo clinic appointments
- 2 MSK ultrasounds
- No weekend Call
- Overnight pager call only during hospital service block
- Consults seen in 24 hours M-F
- Moonlighting permitted
- Opportunities for cadaver lab dissections

#### ONMM3 Program Details - 2026-2027 (2025-2026 Filled)

- 4 weeks of ONMM inpatient/hospital consult service
- 4 weeks Orthopedics
- 4 weeks Sports Medicine
- 4 weeks Radiology
- 4 weeks Neurology
- 4 weeks PM&R
- 28 weeks of electives
- 3 half days of ONMM clinic, next door to the hospital
- Medical Accupuncture clinic available
- 5 half days of designated rotation
- 1 half day of ONMM didactics

#### ivieuicai Accupuncture cirric available

\*\*rotations may be adjusted by PD based on experiences in prior residency



Find out more!

#### AdventHealth Family Medicine Program

Sister Program

Located in the same clinic and hospital Qualified primary residency for ONMM3 All spots with Osteopathic recognition



#### **Didactics**

- Small group weekly didactics
- Bi-weekly journal club
- AT Still Book club
- Hands-on teaching
- MSK ultrasound training

#### Requirements

 Successful completion of primary residency in OR

#### Benefits:

- Salary \$75,505/yr
- Family health insurance
- Life insurance, malpractice insurance, wellness program
- White coats
- Free meals







#### Larkin Hospital Palm Springs Campus ONMM Residency Programs 1475 W. 49<sup>th</sup> Place – Hialeah, Florida 33012

In conjunction with

The Institute for Non-Surgical Orthopedics, Ft. Lauderdale, Delray, Hollywood and South Miami

Larkin GME is proud to have had Osteopathic Neuromusculoskeletal Medicine Residency
Programs since 2010. Our AOA Integrated FM/NMM program has transformed to an ACGME Accredited
ONMM 2 Residency Program and our AOA NMM+1 program has transformed into an ACGME Accredited
ONMM 3 entry level Residency Program.

ONMM 2 entry requires an AOA or ACGME approved rotating internship or transitional year in medicine or surgery.

ONMM 3 entry requires a completed AOA or ACGME primary residency program and is a one year extension of training for proficiency in Osteopathic Neuromusculoskeletal Medicine.

Completion of either program leads to board eligibility in NMM from the American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM).

Our mission is to prepare and send out into the world extremely competent Osteopathic Physicians skilled in Osteopathic Principles and Practice, Non-Surgical Orthopedics and Neuromusculoskeletal Medicine as we reinforce global applications of Osteopathic Principles and Philosophy with a background in General Medicine training.

Larkin's Education Program includes multispecialty approaches to patient care which incorporates Block Schedule, Continuity Clinics and Rotations in NMM, Neurology, Radiology, Physiatry, Orthopedics, Pain Medicine, Sports Medicine and Rheumatology.

- Our Residents and Directors elect a dedicated Team Leader as Chief Resident to help brainstorm the structural framework of our educational content each year.
- We have two NMM Board Certified Physicians, One FAAO Physician, and two NMM Board Eligible
   Physicians that all teach in our Continuity Clinics and help with weekly four hour Didactic Sessions.

   Other attending physicians are Board Certified in Family Medicine, Sports Medicine, and Pain Medicine.







- Integration of ZOOM and GOOGLE has helped bridge the distance gap from the Larkin Hospitals and INSO's Ft. Lauderdale, Hollywood office and Delray offices.
- Our program helps ensure that each and every resident builds solid public speaking skills and becomes comfortable running OMT Workshops for local and statewide educational programs. ONMM Residents need to learn their teaching voice and build confidence to establish their role in NMM as a lifelong educator.
- Continuing Education Events include AAO Convocation and In-service Examinations, Cranial
   Osteopathy Course, and State Osteopathic Association Conferences.
- Moonlighting upon full Florida Licensure is available.
- ONMM Continuity Clinics at any of our geographical locations depending on accommodations and residence location.

By the Numbers: Fort Lauderdale - 6000+ office visits per year

Delray - 3700+ office visits per year

Hollywood - 900+ office visits per year

Miami - 800+ office visits per year

Virtual - 550 online visits per year

**APPLICATIONS:** 





## MIDWESTERN UNIVERSITY GME CONSORTIUM OSTEOPATHIC NEUROMUSCULOSKELETAL MEDICINE

#### RESIDENCY PROGRAM

#### **Program Information for Candidates**

Enjoy the beautiful 143-acre Midwestern University campus, site of the OMM Clinic and Arizona College of Osteopathic Medicine, located in Glendale, Arizona. We are a not-for-profit University, with two full-time positions each year for our one-year residency (ONMM3) program. Our one-year curriculum provides training in osteopathic principles and practices, anatomy and all OMM techniques, as well as training in regenerative medicine and ultrasound.

The curriculum includes two months of OMM in-patient consult service at a diverse teaching hospital in conjunction with a family medicine residency, as well as longitudinal continuity clinic at the Midwestern Multispecialty Clinic.

The residency is accredited by the Accreditation Council for Graduate Medical Education (ACGME). Program Director, Gary Gailius,

D.O., trained at St. Barnabas Hospital in the Bronx, NY, and is board- certified by the AOBNMM. The residency didactics program includes time spent in the anatomy lab with Ph.D. anatomy professors, with a focus on functional anatomy.

Join a growing community in the metropolitan area of the 5th largest city in the country, with access to Sedona, the Grand Canyon, multiple national parks, skiing in Flagstaff, and many other internationally known nature destinations. We believe you will find our residency program to be one of the best in the nation.

# ESTA PARTIES TO THE P

MIDWESTERN UNIVERSITY
GRADUATE MEDICAL EDUCATION
Tomorrow's Healthcare Team
www.midwestern.edu

#### **Residency Highlights**

- Outstanding AOBNMM-certified faculty
- Fully funded attendance to the AAO
   Convocation conference
- A 40-hour Basic Cranial Osteopathy course approved by the Cranial Academy and offered at AZCOM
- Career opportunities to join clinical faculty at Midwestern University
- Qualifies for Public Service Loan Forgiveness
- Research opportunities through Midwestern University GME Consortium

#### **Contact Information:**



Gary Gailius, D.O.
Program Director
858-405-7311
ggaili@midwestern.edu

Midwestern University GME Program Coordinator: 623-572-3854



# INTERESTED IN BUILDING YOUR KNOWLEDGE OF NMM/OMM?

The Rocky Vista University Osteopathic Neuromusculoskeletal Medicine (ONMM3) residency program was established to develop highly trained physicians who can act as both clinicians and academicians.

ONMM Residents will develop their clinical skills through inpatient care at Sky Ridge Medical Center and The Medical Center of Aurora. Outpatient care will be completed at the Rocky Vista Health Center and other associated outpatient clinics. Academic development will occur at the Rocky Vista University College of Osteopathic Medicine.

- Sky Ridge Medical Center: Full service, 284 bed facility (Lone Tree, CO)
- The Medical Center of Aurora: Full service, 269 bed facility (Aurora, CO)
- Rocky Vista Health Center is located in Parker, Colorado and offers a wide range of services including primary care medicine, sports medicine and osteopathic manipulative medicine.
- The Rocky Vista University College of Osteopathic Medicine is located in Parker, Colorado and was established in 2006.

The ONMM3 program provides extensive training in Osteopathic Neuromusculoskeletal Medicine for physicians who have already completed a residency in an approved specialty. The ONMM3 program meets AOA requirements for NMM/OMM certification. It has ACGME Continued Accreditation. Successful completion will allow the individual to apply for the Neuromusculoskeletal Medicine/Osteopathic Manipulative Medicine certification examination and possibly be eligible to serve as a Program Director of an ONMM program. We want those who complete our program to become lifelong learners, practitioners and teachers of ONMM, and be of service to our profession in a variety of capacities. Many of the OPP faculty at the various colleges of osteopathic medicine are certified in NMM/OMM.

For more information, scan the QR codes below to be directed to the program's websites or contact:

Program Director - Devin Gamundoy, DO (dgamundoy@rvu.edu)
Program Coordinator - Nadya Sharonova (nsharonova@rvu.edu)
Assistant Dean of Osteopathic Integration - Christopher M. LaFontano, DO (clafontano@rvu.edu)

ATSU Still OPTI



Rocky Vista University



"What are the limits of Osteopathy? No one knows the limits of Osteopathy."

- John Martin Littlejohn, DO



#### **ROTATION CHOICES**

- Family Medicine
- Functional Medicine
- Hospice and Palliative Care
- Integrative Medicine
- Internal Medicine
- Medical Acupuncture
- Musculoskeletal Radiology
- Neurology
- Neurological Surgery
- Obstetrics & Gynecology
- Occupational Medicine
- Orthopedic Spine Surgery
- Pediatrics
- Physical Medicine & Rehabilitation
- Podiatric Medicine
- Primary Care Sports Medicine
- Rheumatology



#HF20240064

### Osteopathic Neuromusculoskeletal Medicine Residency Program





Nestled in the heart of the southwestern desert, MountainView Regional Medical Center serves a diverse population. Our program seeks to train exceptionally skilled and culturally competent Osteopathic Neuromusculoskeletal Medicine Specialists that are also well rounded general practice physicians.

Graduates from this program have risen to leadership positions in residency programs, opened successful private practices, joined existing practices, as well as teach at COM's across the country.





Alongside our base rotations, we strive to tailor your experience to your future practice goals. Residents graduate with expertise in all OMT techniques and a diverse range of injection procedures to better serve their patients. We offer a low resident to attending ratio, quality precepting, and highly structured weekly didactics, which provide excellent board preparation.

Las Cruces is also a safe and affordable location adjacent to the beautiful Organ Mountains..

#### In and Around Las Cruces

- Hiking, biking, camping
- Off-road trails
- Elephant Butte Lake
- Truth or Consequences hot springs and salt caves
- White Sands National Park
- Carlsbad Caverns
- 45 minutes to El Paso International Airport
- Old Mesilla festivals and weekly farmer's market
- A day's drive to Phoenix, Tucson, Albuquerque, Santa Fe, Colorado, and more!







Katherine Nixon, DO, Program Director (575) 523-5679 katherine.nixon@mountainviewregional.com Tiffany Noblitt, DO, Residency Faculty (575) 523-5679 tiffany.noblitt@mountainviewregional.com Danielle Flores, Program Coordinator (575) 642-1034 danielle\_flores2@mountainviewregional.com

#### Dedicated Injection Procedure Time Weekly

- Trigger point injections
- Dry needling
- Intra-articular joint injections
- Nerve blocks
- Prolotherapy
- Platelet Rich Plasma injections
- Neural therapy
- Perineural injection therapy

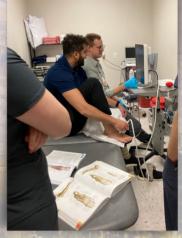


#### Curriculum

During the PGY-1 year residents focus on general medicine in a variety of specialties, serving as the foundation of medical knowledge moving into the second and third years. Our PGY-1 residents will also have 1 half day in the ONMM clinic and attend ONMM didactics.

Our PGY-2 and PGY-3 curriculum highlights osteopathic principles and philosophy, and transitions residents into managing patients in the Osteopathic Medicine Clinic as well as a daily inpatient service. Our residents are supported by a robust didactics curriculum including:





- Resident led anatomy and physiology discussions
- Clinical case discussions
- Core reading assignments in osteopathic philosophy and medicine
- Weekly resident led journal club
- Discussion of therapeutic exercises and their significance in patient care
- Weekly OMT technique review
- Teaching opportunities at the local medical school, Burrell College of Osteopathic Medicine
- Injection procedure workshops with and without ultrasound
- Full year long MSK ultrasound curriculum incorporated into didactics sessions



#### OSU COLLEGE OF OSTEOPATHIC MEDICINE

## ONMM3 RESIDENCY



Oklahoma State University College of Osteopathic Medicine (OSU-COM) is recruiting for their ONMM3

Residency. This program is actively involved with inpatient and outpatient clinical care as well as teaching medical students and residents. The affiliated OSU Medical Center in Tulsa is one of the largest osteopathic teaching hospitals in the nation. We have initial ACGME accreditation.

The OSU Center for Health Sciences is located on historic Route 66 along the Arkansas River in Tulsa, Oklahoma. OSU-CHS trains osteopathic physicians, research scientists and other health care professionals with an emphasis on serving rural and underserved Oklahoma.



Visit okla.st/onmm3-residency or scan the QR code to learn more about our program!

#### For more information, contact:

Mark Thai, D.O., *Program Director* mark.thai@okstate.edu

#### NMM/OMM Certified Faculty

Jennifer Wilson, D.O., Department Chair Leslie Ching, D.O. Cameron Henderson, D.O. Janell Largent, D.O. Courtney Thompson, D.O.

Other Faculty
Kim Barron, D.O., CASM
David Cook, D.O.
Julie Dionne, D.O.
Phillip Ridgway, D.O.

## Reasons to come to Oklahoma!

- 82,000 sq. ft. A.R. and Marylouise Tandy Medical Academic Building, including a state-of-the-art OMM lab
- Ability to individualize the program's focus and 1:1 resident/ preceptor ratio
- Inpatient OMM consult service experience in Tulsa at OSU Medical Center
- Longitudinal pediatric clinic experience
- Table training in the first and second year OMM labs
- Opportunities to develop lecturing and lab presenting skills
- Strong state presence: DOs make up 26% of physicians in Oklahoma
- Faculty have a diverse set of OMM interests with a foundation in the biomechanical approach, including cranial, postural and visceral techniques



## THINGS TO DO

Tulsa has a welcoming, cosmopolitan feel with a metropolitan area population of more than one million residents. Tulsa offers a variety of arts and cultural experiences and venues such as the Tulsa Performing Arts Center and the BOK Center, which brings in world famous performers throughout the year. It is a very family friendly city with a low cost of living. For more information: www.visittulsa.com.



**Art Deco Architecture** 



**Arts** 



**Brews** 



Coffee



**Dining** 



**Family** 



**Farmers Markets** 



**Festivals** 



**Fitness** 



**Museums** 



Music



**Parks** 



Route 66



**Shopping** 



**Sports** 



**Trails** 



## **NOW RECRUITING!**

## **ONMM RESIDENCY PROGRAM**

## @ LAKE GRANBURY MEDICAL CENTER

## PROGRAM PARTICIPATING IN ERAS AND NRMP MATCH

The mission of the Osteopathic Neuromusculoskeletal Medicine program at Lake Granbury Medical Center is to educate, train, and develop physicians with exceptional clinical skills and ethical and professional behaviors, prepared to excel in the field of ONMM at state and national levels, while meeting the needs of the local community and greater regional area. Graduates will be prepared to successfully pass the AOBNMM board examination and enter the profession ready to practice clinically, teach the next generation of physicians in osteopathic principles and practices and produce research to support the practice of Osteopathic Neuromusculoskeletal Medicine.



#### Locations include:

- Lake Granbury Medical Center
- Lakeside Physicians
- UNT Health OMM Patient Clinic

Contact us at 817-408-3073 LGMC\_ONMM\_GME@chs.net



KENDI HENSEL, DO, PHD, FAAO PROGRAM DIRECTOR



#### Join The RAAO!!



#### **About RAAO**

The Resident American Academy of Osteopathy is the postgraduate membership section of the American Academy of Osteopathy (AAO). It was developed to serve osteopathic transitional year/interns (TY), residents and postdoctoral fellows during their postgraduate training.

#### THE GOALS OF THE RAAO

- To promote utilization and continued education of osteopathic principles and practice (OPP) in postgraduate training programs;
- To provide a network for TY interns, residents and fellows interested in OPP;
- To identify TY interns, residents and fellows at the annual AAO Convocation;
- To provide a platform TY interns, residents and fellows issues at the AAO; and
- To provide AAO representation for TY interns, residents and fellows at the AOA level.

Membership in the RAAO is open to osteopathic medical graduates currently receiving TY internship, residency or fellowship training in any specialty.

As a member of the RAAO you are entitled to all the membership benefits of the American Academy of Osteopathy as well as those specific to RAAO members.

#### **RAAO MEMBER BENEFITS**

- Members enjoy lower fees for AAO CME courses and Convocation.
- The Academy's large network of over 1,000 new physicians and RAAO members provide information and support for the various challenges faced in the ever-evolving medical field. Join in the conversation on Facebook, in person at Convocation or at other conventions such as the AOA OMED or state and local organizations.
- For residents who are interested in doing a 12 month ONMM3 pathway, there is no better opportunity to become familiar with the programs, get to know the program directors and begin establishing contacts who can help you find the program that is right for you. View current ONMM Residency Programs.
- RAAO membership provides opportunities to develop osteopathic research projects during residency with access to the Louisa Burns Osteopathic Research Committee and the Foundation for Osteopathic Research and Continuous Education (FORCE).
- Your exceptional work in the field of osteopathic medicine may be rewarded with the AAO Resident of the Year Award.

If you have any questions about membership, leadership positions or issues related to postgraduate NMM/OMM, feel free to contact the AAO or email the RAAO chair at <a href="mailto:raaochair@academyofosteopathy.org">raaochair@academyofosteopathy.org</a>.



#### **Membership Application**

3500 DePauw Blvd., Suite 1100 • Indianapolis, IN 46268-1136 (317) 879-1881 • Fax: (317) 879-0563 www.academyofosteopathy.org

Date \_\_\_\_\_

AOA No	Date of birth	_ Place of birth (city/state) _	C	Citizenship
Full name, including deş	grees and fellowships			Gender: 🗖 Male 🗖 Female
Practice name				
Street address				
City and state		ZIP code	Country _	
Phone	Fax	Ema	ail	
Home address				
City and state		ZIP code	Country _	
Phone	Fax	Ema	ail	
Preferred mailing addre	ess: □ Office □ Home Pro	referred email:   Office	Home Preferred pho	one: □ Office □ Home
Please indicate where the	e AAO may publish online your pr	referred mailing address and tele	ephone number (check all	that apply):
		Find a Physician at www.FindOl		
By providing the contact informand fax number.	mation above, you are giving the AAO perr	mission to send marketing information	regarding courses to your prefer	red mailing address, email address
Education	Institute or program	City and state	Year graduated	Degree
Premed college				
Medical college				
Internship				
Residency				
Specialty		License (state and num	nber)	
Membership in other r	medical societies			
-	Association 🗆 Yes 🗖 No Osto	eopathic Cranial Academy 🗖 `	Yes □ No Former SA	AO member ☐ Yes ☐ No
Former NUFA  Yes		rnational registry		
Have vou ever been den	nied or expelled from membership	in a national state or district t	medical society	
or a component society		in a national, state of district i	inedical society	☐ Yes ☐ No
•	victed of violating any state or fee		ng any other felony?	☐ Yes ☐ No
•	een surrendered, suspended, or rev any of the three questions above, p		eet.)	☐ Yes ☐ No
	ice	1 1	,	
	d from an accredited U.S. osteopathic med			
Membership categories (	please select one)			personal check in U.S. dollars
Full member, DO, MD\$329 Associate		ψ32)		can Academy of Osteopathy.
Second year in practice		\$329		
	Resident\$59			
First year in practice Resident	\$59	Card No		
First year in practice	\$59	Card No	3-dig	it CVV No