

## Exploring the Tide

R. Paul Lee DO FAAO FCA

### Learning Objectives

This intermediate course in osteopathic diagnosis and treatment presents information and palpatory experience that heretofore has not been available through colleges of osteopathic medicine or other teaching venues. It is the product of the clinical experience of R. Paul Lee, DO, FAAO, FCA, DABMA. We will explore how the whole of the body expresses interrelationships through the fascia and how treating one part of the body influences and is influenced by other parts. Those who have taken a percussion hammer course will recognize the relationships we teach in this course, but without the vibrator.

On Day Two, we will learn the intricate querying method that my practice and life has become entwined with, Primary Response Testing. This method uses the silent questioning of the mind of the practitioner to communicate with the ultimate Intelligence of the Tide to receive yes, or no responses to elucidate the problem within the patient's body to answer questions of the operation of the universe.

On Day Three we palpate the interior of the cranium in a progressive fashion that teaches the novice a means to find whatever nucleus, vessel, or membrane needs assistance

### Course Schedule

#### Friday, February 14, 2025

8:00 AM Introduction

Literature supporting the model presented in *Interface*.  
Basic science underlying the model.

8:15 AM Introduce Faculty  
8:30 AM Lecture – Long Fascial Relationships to  
8:45 AM Lab – Hiss Whip Technique  
9:15 AM Lab – Medial and Lateral Foot  
9:45 AM Break  
10:00 AM Lab – Interosseous Membrane  
10:30 AM Lab – Balancing Hamstrings  
11:00 AM Lab – Harmonizing Three Parts of Pelvis  
Femoral Head in Acetabulum  
12:00 PM Lunch  
1:00 PM Pelvic Diaphragm  
1:45 PM Psoas Muscle  
2:30 PM Respiratory Diaphragm  
3:00 PM Break  
3:15 PM Arcuate Ligaments  
3:45 PM Sternum, T Spine, Ribs, Sibson's Fascia  
4:45 PM Questions/Check students  
5:00 PM Adjourn

#### Saturday, February 15, 2025

8:00 AM Lecture Review Day One.  
8:15 AM Lecture Introduction PRT  
8:30 AM Lab Check partner to see if switched  
8:45 AM Lab Check Partner querying Tide  
9:15 AM Lecture PRM  
9:30 AM Lab ID all joints for lack of vitality  
10:15 Break  
10:30 AM Lecture Hand Modes  
10:45 AM Lab Hand Mode One  
11:15 AM Lecture Hand Mode Two/Sympathetic Nervous System  
11:30 AM Lab Check Sympathetic Chain Ganglia  
12:00 Noon Lunch  
1:00 PM Lab Treat Prevertebral Ganglia  
1:30 PM Lecture Hand Mode Three and Four  
1:45 PM Lecture Hand Mode Five

2:00 PM Lab Dx partner using Hand Mode Five  
2:45 PM Break  
3:00 PM Lecture Hand Mode Six  
3:15 PM Lab Hand Mode Six  
4:00 PM Lab Contact Reflex Analysis  
4:30 PM Lecture Priorities/Causal Chaining  
5:00 PM Adjourn/ Check Students/  
Demonstration

#### Sunday, February 16, 2025

8:00 AM Lecture Review Day Two  
8:15 AM Lecture Intelligence of the Tide  
9:00 AM Lecture Inion Technique  
9:15 AM Lab Inion Technique  
10:00 AM Break  
10:15 AM Lecture Cerebellar Twist  
10:30 AM Lab Treat Cerebellar Twist  
11:15 AM Lecture Brain Dynamo  
11:30 AM LAB Brain Dynamo  
12:15 PM Lunch  
1:15 PM Lecture Autonomic Pistol  
1:30 PM Lab Autonomic Pistol  
2:15 PM Lecture Thalamic Shift  
2:30 PM Lab Thalamic Shift  
3:15 PM Break  
3:30 PM Demonstration/Q&A  
4:45 PM Treat Heads  
5:00 PM Adjourn

**PREREQUISITE:** SUCCESSFUL COMPLETION OF OSTEOPATHIC CRANIAL ACADEMY APPROVED 40-HOUR INTRODUCTORY COURSE PLUS AN INTERMEDIATE COURSE OR ITS EQUIVALENT AND FIVE YEARS IN PRACTICE

**Location**

Will be announced in Parker, CO

**Cancellation policy:**

All cancellations must be received in writing and are subject to an administrative fee of 15% of the total registration fee if received on or before January 15, 2025. Refunds will not be made for cancellations received after January 15, 2025, or for failure to attend. There is no discount for persons not wishing to attend food functions. No personal taping is permitted.

**Liability Release:**

*Participation in this program will involve physical activity, including contact by and with instructors and other participants. This, and particularly activity involving physical diagnostics and manual therapeutics, could possibly entail risks for participants of new injury or aggravation of pre-existing conditions.*

*By applying to participate, the applicant acknowledges and assumes the risk associated with participating in the laboratory sessions and agrees to hold The Rocky Mountain Academy of Osteopathy and the Colorado Society of Osteopathic Medicine and fellow participants harmless indemnify, defend and free of liability from and against any damage or personal injury that might occur during or as a result of participation in this program. Furthermore, the applicant covenants to hold harmless, indemnify, and defend The Rocky Mountain Academy of Osteopathy and the Colorado Society of Osteopathic Medicine from and against any use or misuse that applicant may make at any time of any knowledge or information that applicant derives from participation in this program. The applicant should carry adequate liability insurance which would be activated in the instance of the use or misuse of this knowledge or*

*information. Participants in the course are examined and treated by instructors following the course in case any problems arise from treatment by fellow students.*

I acknowledge that I have read the Liability Release and agree to the statement.

Signature (Required)

**Registration Form:  
Expanding the Tide**

**Mail Payment and Form to:  
Ellice Goldberg, DO.FACOFFP  
171 S Quince St  
Denver, CO 80230**

**Registration Fee which includes lunch:**

\$750 (members CSOM or Rocky Mountain Academy of Osteopathy or physicians who took a prior course by the Rocky Mountain Academy of Osteopathy)  
All other Physicians  
\$800 before January 15, 2025  
\$850 after January 15, 2025  
Residence and Students \$400

The Colorado Society of Osteopathic Medicine and the Rocky Mountain Academy of Osteopathy has requested that the AOA Council on Continuing Medical Education approve this program for 24 hours of Category 1-A AOA CME.

Approval is currently pending.

**Name: (Print)** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City,** \_\_\_\_\_ **State,** \_\_\_\_\_

**Zip** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**AOA #:** \_\_\_\_\_

**Introductory Courses Taken:**

**Location Yr.** \_\_\_\_\_

**Exploring the Tide  
R. Paul Lee, DO FAAO FCA**



**Joint Program by CSOM AND ROCKY MOUNTAIN AAO  
February 14, 15, 16, 2025  
Parker, CO**

**For further information call Ellice Goldberg, DO (Rocky Mountain AAO president) 720-628-3708**