

# Physician Registration Form

## 2024 AAO Convocation • March 6-10 • The Broadmoor in Colorado Springs, CO

### INSTRUCTIONS IF YOU CHOOSE NOT TO REGISTER ONLINE AT [WWW.ACADEMYOFOSTEOPATHY.ORG](http://WWW.ACADEMYOFOSTEOPATHY.ORG)

1. Type or print clearly in the spaces below.
2. Submit one completed form per registrant by:
  - emailing the form and credit card information to [membership@academyofosteopathy.org](mailto:membership@academyofosteopathy.org).
  - mailing it with the appropriate fee to:  
2024 Convocation, American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.
3. By registering for Convocation, you agree to abide by the AAO's [code of conduct](#), [photo and video release](#) and [Convocation cancellation policy](#).

If you have any questions or want additional program information, email [communications@academyofosteopathy.org](mailto:communications@academyofosteopathy.org) or call (317) 879-1881.

FIRST NAME		LAST NAME	
NICKNAME FOR BADGE		DEGREES, FELLOWSHIPS, DESIGNATIONS (e.g., DO, MD, FAAO)	
CITY	STATE	ZIP CODE	COUNTRY (IF NOT U.S.)
DAYTIME TELEPHONE NUMBER		AOA NUMBER	
EMAIL ADDRESS			
GUEST 1 FIRST NAME		GUEST 1 LAST NAME	
GUEST 2 FIRST NAME		GUEST 2 LAST NAME	

### REGISTRATION FEES

Registration Type	Early	Regular	Late*	On-Site
	(by 1/10)	(1/11–2/12)	(2/13-3/1)	(3/1-3/10)
Member	<input type="checkbox"/> \$750	<input type="checkbox"/> \$850	<input type="checkbox"/> \$900	<input type="checkbox"/> \$1,050
Active full member	<input type="checkbox"/> \$570	<input type="checkbox"/> \$670	<input type="checkbox"/> \$720	<input type="checkbox"/> \$870
First two years in practice	<input type="checkbox"/> \$445	<input type="checkbox"/> \$545	<input type="checkbox"/> \$595	<input type="checkbox"/> \$745
Residents & NUFA**	<input type="checkbox"/> \$570	<input type="checkbox"/> \$670	<input type="checkbox"/> \$720	<input type="checkbox"/> \$870
Retired member	<input type="checkbox"/> \$750	<input type="checkbox"/> \$850	<input type="checkbox"/> \$900	<input type="checkbox"/> \$1,050
Associate member	<input type="checkbox"/> \$750	<input type="checkbox"/> \$850	<input type="checkbox"/> \$900	<input type="checkbox"/> \$1,050
International affiliate	<input type="checkbox"/> \$750	<input type="checkbox"/> \$850	<input type="checkbox"/> \$900	<input type="checkbox"/> \$1,050
Supporter member	<input type="checkbox"/> \$1,250	<input type="checkbox"/> \$1,350	<input type="checkbox"/> \$1,400	<input type="checkbox"/> \$1,550
Nonmember				

\*Registrations received after March 1 will be processed as on-site registration. On-site registration will be charged at the late rate plus \$150.

\*\*AAO NUFA members have the option to register for the physician program or the student program. This registration is for the physician program.

## Physician Lectures and Breakout Sessions

March 6

NUFA Only:

\_\_ NUFA Program

(12pm-3pm)

\_\_ NUFA Social

(3pm-5pm)

RAAO Only:

\_\_ RAAO Mixer

7-9pm

\_\_ Evening with the

FAAOs

9-10:30pm

Select one:

\_\_ Evening With the

Stars

\_\_ Mentorship

Meeting

\_\_ Train the Trainer

March 7

\_\_ \$40 Thursday lunch voucher

\_\_ MEMBERS ONLY: AAO annual business meeting and luncheon

**Meal preference:**  Chicken  Vegan  Gluten-free (hotel's choice)

\_\_ \$65 Gavel Club: former presidents & guest only

Evening Event, select one:

\_\_ Mentorship Meeting (8-9pm)

\_\_ LBORC RPM Grand Rounds Research Forum (8-10pm)

\_\_ Evening With the Stars & Stripes (8:30-10pm)

### Thursday Workshops, 2-3:30pm & 4-5:30pm (1.5 CME each)

### Rank workshops from 1 (most desirable) to 4

Autonomic Nervous System Anatomy Lab by Frank Willard, PhD

Focus will be on the sympathetic trunk and the vagus nerve.

#### **\$100 additional charge, limit 24 registrants**

Ground zero Ex Rx with participation of basic core activities by Malinda M. Hansen, DO

We will be covering functional evaluations of common MSK complaints - most notably - low back pain. The functional evaluations will bridge into a sequence of activation techniques that directly stabilize the pelvic floor, SI joints, and lower lumbar vertebrae. Each participant will both evaluate and engage in the basics of Ex Rx and functional progressions for core engagement that are foundational for the big 5 movements of push, pull, squat, hinge, and lunge. It will also become clear how these simple exercises will help your patients treat themselves.

Ex Dx Rx: BIG 5 Lower Extremity component by Natalie A. Hyppolite, DO

Series continuation of panelist discussion on Ex, Dx, Rx. This workshop will incorporate role of BIG 5 movements with focus on ADLs of the lower extremity, hip/pelvis mobility and incorporating OMM, rehabilitative and sports medicine approaches to address deficits with these important movements.

Presses and Loaded Carries for Upper Cross Syndrome and GPP by Dante M. Paredes, DO

During this workshop we will break down how to instruct, assess, and progress two of the Big Five movement categories described in the associated lecture: The Press and The Loaded Carry. We will specifically cover push-ups, one arm overhead presses, farmers walk, and the waiter's walk and how they integrate into an osteopathic practice.

Nutrition and Health- Making the Change by Melita Marcial-Schuster, DO

Do you struggle with how to talk to patients about nutrition? Do you struggle with how to understand nutrition? If you do, then this workshop is for you! The internet is full of nutrition advice and can be overwhelming for both physicians and patients. This workshop will start by deconstructing dietary patterns and will explore various dietary myths. We will explore how to create behavior change in patients so that their dietary goals are successfully met. This workshop will be interactive.

Normalization of Muscle Function Workshop by Jay B. Danto, DO

The treatments to normalize muscle function presented will include OMT, the exercise prescription, trigger point injection, acupuncture, and energetic medicine. The diagnosis of muscle dysfunction will include their relation to viscera and acupuncture channels. Types of OMT explored in relation to muscles dysfunction will include MFR/INR, FPR, Still Technique, ST, ME, and their combinations.

Working with Disabled Populations by Jorge Aranda-Beltran

This workshop delves into the application of osteopathic manipulative techniques for working with individuals with disabilities. Osteopaths attending the 2024 Annual Convocation of the American Academy of Osteopathy will discover effective methods, including trauma release techniques by Dr. Robert Fulford, optimizing vagus nerve function based on polyvagal theory, understanding Thomas Huble's collective trauma approach, and utilizing neurovascular reflexes points from Henri Jarricot's work to enhance the well-being of disabled individuals.

# Physician Lectures and Breakout Sessions

March 8

- \_\_\_ RAAO and Program Directors Only: RAAO business meeting and luncheon (buffet with vegan option)
- \_\_\_ \$40 Friday lunch voucher
- \_\_\_ Residency Information & Job Fair (4-7pm)
- \_\_\_ \$150 FAAO Dinner **Meal preference:**  Beef  Fish  Vegan  Gluten-free

8:30-10pm, select one:

- \_\_\_ Evening With the Stars (no students)
- \_\_\_ Evening With the Stars & Stripes (with students)

## Friday Workshops • 2-3:30pm and 4-5:30pm (1.5 CME each)

## Rank workshops from 1 (most desirable) to 4

- |  |   |
|--|---|
| <p>___ Autonomic Nervous System Anatomy Lab by Frank Willard, PhD</p>  | <p>Focus will be on the sympathetic trunk and the vagus nerve. <b>\$100 additional charge, limit 24 registrants</b></p>   |
| <p>___ An Osteopathic Approach to the Injured Instrumentalist by David W. Shoup, DO</p>  | <p>The 5 models of osteopathic care will be applied to the evaluation and treatment of the musician. This will include an osteopathic structural exam specifically recognizing and evaluating common somatic dysfunctions in different musicians which lead to instrument specific injuries.</p>  |
| <p>___ Introduction to Dance Medicine by Rebecca Fishman, DO</p>   | <p>Professional Dancers are elite athletes prone to specific types of injuries and anatomical limitations. Medical providers should have a deep understanding of the physical and emotional challenges dancers face as well as a deep appreciation for sacrifices and challenges they encounter on their career paths. Young dancers may also be faced with anatomical limitations leading to potential biomechanical compensations that may predispose the young dancer to injury. This lecture will help the health care provider identify, prevent and treat various dance related injuries and better understand the life of a dancer.</p>  |
| <p>___ Bringing your full voice to life - OMT for voice performance by Yein Lee, DO</p>  | <p>Voice performers are different from other performers (such as instrument musicians) as their body is their instrument. Even a small change in their body can subjectively and objectively alter their voice. Therefore, every singer and voice performer focuses heavily on “maintaining” their body and voice. Finding voice performers with individualized routines for their performance optimization isn’t unusual. However, the osteopathic approach to maximizing their voice is often overlooked. The lecture will review the background, but this workshop will go through useful osteopathic manipulative treatment that can be incorporated into any osteopathic physician’s practice interested in caring for voice performers.</p> |
| <p>___ FDM for the lower extremity - Optimizing performance by Todd A. Capistrant, DO</p>  | <p>In this workshop the six distortions of the FDM will be reviewed. Once the foundation of the model has been reviewed common injuries of the lower extremity will be described and their treatment discussed.</p>   |
| <p>___ Backstage Pass/All Areas Access: Osteopathic Support for Optimal Health of the Touring Performing Artist by Yehudah Jay Sandweiss, DO</p> | <p>Attendees are taught strategies and techniques for diagnosing and treating various conditions (including some of the zebras) that arise from the environmental, physical, and emotional stressors associated with long-term touring performance. Dr. Sandweiss will present a quick, effective screening and treatment approach that identifies somatic dysfunctions from head to toe. These techniques will be demonstrated and practiced by all attendees with supervision.</p>  |
| <p>___ Extremity Rebalancing by David Kanze, DO, FAAO</p>  | <p>The workshop will center around unwinding the extremities from the medial portion of the body through the limbs themselves. We will be reviewing the embryology of the limbs and then utilizing that knowledge and the principles of Ligamentous articular strain (balanced ligamentous tension) to provide relief of traumatic injuries to the limbs.</p>   |

# Physician Lectures, Breakout Sessions, Guests

March 9

\_\_\_ Program Director's Workshop (in lieu of Saturday Lectures)

\_\_\_ FAAO and NUFA only: Magoun Memorial Forum (8-9:30am)

\_\_\_ FAAO only: Conclave of Fellows (10am-12pm)

\_\_\_ President's banquet: \$150 x \_\_\_ **Meal preference:**  Beef  Fish  Vegan  Gluten-free (hotel's choice)

## Saturday Workshops • 1:30–3pm and 3:30–5pm (1.5 CME each)

\_\_\_ Autonomic Nervous System Anatomy Lab by Frank Willard, PhD

Focus will be on the sympathetic trunk and the vagus nerve.

**\$100 additional charge, limit 24 registrants**

\_\_\_ Integrative Osteopathic Care in the Late Career Active Duty and Veteran by Robert N. Agnello, DO, FACOPF

This workshop will explore common medical conditions to be considered in late career active-duty military and veterans. We will utilize a variety of formats to create an integrated plan of care regarding chronic low back pain and PTSD. Demonstration of common acupuncture points will then be completed, and participants will practice on each other. Re-evaluation after the acupuncture will be completed to see if somatic dysfunction has improved or resolved.

\_\_\_ Keeping Our Military Patients in Line by Ralph C. Walsh, Jr, DO, Col

A non-formal presentation of simple ways OMT may be easily integrated in the treatment of our military members and, many times, their unique dysfunctions, before they deploy. Dr. Walsh will discuss his experiences in using these OMM principles while in Iraq, Afghanistan, and Kuwait to treat and improve the lives of our troops.

\_\_\_ Using the FDM to Treat Military Personnel by Jennifer Ribar, DO

In this workshop we will learn several FDM techniques to treat common complaints in military personnel.

\_\_\_ Captive Audience: Treating Inmates at a Federal Medical Center by James S. Aston, DO

Join me as we discuss the unique environment of correctional medicine, and how it influences the treatment of patients. But although these patients are inmates, they still suffer from many of the common conditions we see in the primary care setting. However, there are limitations to this setting that may influence our approach to providing OMT and other modalities.

\_\_\_ Articular Techniques for repetitive injuries in Heavy Labors by R. Todd Dombroski, DO

Description pending

\_\_\_ Osteopathy in the United Kingdom: first contact healthcare professionals by Glynis Fox

Osteopaths and Osteopathic Physicians are two sides of a global force in healthcare, but understanding how each half of the profession goes about providing the highest standards of healthcare is perhaps not as mutually clear as it should be.

The objective of this session, by Glynis Fox, the President of the UK Institute of Osteopathy – the country where osteopathy first attained statutory regulation in Europe – is to explain how an osteopath works, the training and clinical experience base we have, the approach to diagnosis and treatment, the types of patients we support, and our relationship with GPs and the National Health Service. But as importantly, to explore with you how this differs from or is congruent with DO training and practice – in order to build the common understanding that will allow osteopaths and osteopathic physicians to work together better in the future.

## Medical Student Scholarship

\$\_\_\_\_\_ Yes, I would like to make a donation to the Nicholas S. Nicholas fund to provide scholarships for medical students to attend Convocation.

# Convocation Payment

## Volunteer Opportunities

Are you willing to donate 1 hour of your time during exhibit hours at our Osteopathic Education Service (OES) giving OMT educational demonstrations?

Would you like to be considered as a judge for the LBORC-NUFA Poster Presentation (Thu. 6-8pm)?

Would you like to be considered as a judge for the A. Hollis Wolf Case Presentation Competition (Sat. 2-4:30)?

ONMM Residency Information & Job Fair (March 8, 4-7pm)

What Program Pathway are you interested in? (Select all that apply)

- ONMM<sub>3</sub> (12 mo.)  
 Part-time ONMM<sub>3</sub> (12 mo. over 24 mo.)  
 Fellowship: \_\_\_\_\_  
 Other: \_\_\_\_\_

What program year are you hoping to start? \_\_\_\_\_

What geographical region(s) are you looking for?

- Northeast  East  Midwest  
 South  West

## GUEST #1

\$40 Thursday lunch voucher

\$65 AAO annual business meeting and luncheon

Meal preference:

Chicken  Vegan  Gluten-free

\$65 Gavel Club: former presidents & 1 guest only

\$40 Friday lunch voucher

\$150 FAAO Dinner

Meal preference:  Beef  Fish  Vegan

Gluten-free

\$150 President's banquet

Meal preference:  Beef  Fish  Vegan

Gluten-free

## GUEST #2

\$40 Thursday lunch voucher

\$65 AAO annual business meeting and luncheon

Meal preference:

Chicken  Vegan  Gluten-free

\$40 Friday lunch voucher

\$150 President's banquet

Meal preference:  Beef  Fish  Vegan

Gluten-free

## PAYMENT

Registration: \$ \_\_\_\_\_

Thursday lunch voucher \$40 \$ \_\_\_\_\_

Gavel Club \$65 \$ \_\_\_\_\_

Willard Anatomy workshop \$100 \$ \_\_\_\_\_

Friday lunch voucher \$40 \$ \_\_\_\_\_

FAAO Dinner \$150 \$ \_\_\_\_\_

President's Banquet \$150 \$ \_\_\_\_\_

Donation Total \$ \_\_\_\_\_

**TOTAL** \$ \_\_\_\_\_

Visa  MasterCard  Discover

Check made payable to the AAO

CREDIT CARD NUMBER	
EXPIRATION DATE	NAME ON CARD
CVV NUMBER	SIGNATURE
CREDIT CARD BILLING ADDRESS (IF DIFFERENT FROM PAGE 1)	

Send completed registration to: [membership@academyofosteopathy.org](mailto:membership@academyofosteopathy.org)