

# A Fascial Approach to The Thoracic Viscera

November 11-13, 2022 • Dublin, OH

## Course Description

This course is an introductory course in visceral techniques to the thorax and thoracic viscera. Attendees will explore traditional osteopathic concepts of ventral technique as they apply to the thoracic viscera, ribs and anterior neck. Emphasis will be placed on physical examination, functional anatomy, and the anatomical relationships between diaphragm, ribs, sternum, thoracic spine and cervical spine, to the base of the skull, particularly as they relate to fascial continuity. Included will be discussion of the autonomic nervous system, vascular flow and lymphatic drainage. Attendees will come away with improved confidence in physical examination, direct and indirect approaches to the ribs and thoracic viscera, and lymphatic techniques. Integration of visceral (ventral) techniques with spinal (dorsal) and cranial techniques will be emphasized at the conclusion.

This is an intermediate level course. The curriculum includes lessons on muscle energy technique; thoracic spine technique; articular techniques; functional techniques; myofascial release; and high-velocity, low-amplitude thrust.

## Prerequisites

It is strongly encouraged, though not required, that participants have taken a course in abdominal visceral approaches.

## Continuing Medical Education

20 credits of AOA Category 1-A CME anticipated

## Course Location

Ohio University Heritage College of Osteopathic Medicine,  
Dublin  
6775 Bobcat Way  
Dublin, Ohio 43016

## Meal Information

Lunch and morning coffee/tea provided Friday through Sunday.

## Course Dates & Times

- November 11 from 8 AM to 6 PM
- November 12 from 8 AM to 6 PM
- November 13 from 8 AM to 12 PM

## Course Director

**Richard G. Schuster, DO** is in solo private practice in Indianapolis, doing direct primary care and osteopathic manual medicine.

Dr. Schuster graduated from the Ohio University Heritage College of Osteopathic Medicine in 1994 after completing an undergraduate fellowship in osteopathic principles and practice. He completed a family medicine residency at the Firelands Regional Medical Center in Sandusky, Ohio, and a postdoctoral fellowship in sports medicine at the Toledo Hospital in Ohio.

The chair of the AAO's 2015 Convocation, Dr. Schuster is the 2022-2023 AAO President, and member of the AAO's Education Committee.

Dr. Schuster has a strong interest in medical education, and his academic interests include musculoskeletal medicine, biomechanics, and functional anatomy, with an emphasis on how the body transmits and organizes information to coordinate movement.



Registration Fees	On or before Sept. 5, 2022	September 6, 2022	November 6, 2022
Academy member in practice*	\$750	\$800	\$1,000
Resident or intern member	\$550	\$600	\$800
Student member	\$350	\$400	\$600
Nonmember practicing DO or other health care professional	\$1,050	\$1,100	\$1,300
Nonmember resident or intern	\$850	\$900	\$1,100
Nonmember student	\$650	\$700	\$900

\* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

By registering for this course, you agree to abide by the AAO's [code of conduct](#), [photo and video release](#), and [cancellation policy](#).

Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org)