

# Student Track Registration Form

2025 AAO Convocation • March 26-30 • Rosen Shingle Creek in Orlando, FL

## INSTRUCTIONS IF YOU CHOOSE NOT TO REGISTER ONLINE AT [WWW.ACADEMYOFOSTEOPATHY.ORG](http://WWW.ACADEMYOFOSTEOPATHY.ORG)

1. Type or print clearly in the spaces below.
2. Submit one completed form per registrant by:
  - emailing the form and credit card information to [eventplanner@academyofosteopathy.org](mailto:eventplanner@academyofosteopathy.org).
  - mailing it with the appropriate fee to:  
2025 Convocation, American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.
3. By registering for Convocation, you agree to abide by the AAO's [code of conduct](#), [photo and video release](#) and [Convocation cancellation policy](#).

If you have any questions or need additional information, email Dreonna Howard ([eventplanner@academyofosteopathy.org](mailto:eventplanner@academyofosteopathy.org)) or call the AAO office at (317) 879-1881.

FIRST NAME		LAST NAME	
NICKNAME/FIRST NAME FOR BADGE		YEAR OF TRAINING (OMS I, II, III, IV or V) AND GRADUATE DEGREES (PhD, MS, MA, etc.)	
STREET ADDRESS			
CITY	STATE	ZIP CODE	COUNTRY (IF NOT U.S.)
CELLPHONE NUMBER		AOA NUMBER	
EMAIL ADDRESS			
COLLEGE OF OSTEOPATHIC MEDICINE or OTHER GRADUATE SCHOOL		ANTICIPATED GRADUATION YEAR	

I AM: (check all that apply)  NUFA member/Current OPP Fellow  SAAO chapter officer attending SAAO BOG (please select 1 below)  
\_\_\_ I have a dietary restriction: VEGAN or GLUTEN-FREE (circle 1)  
\_\_\_ I have no dietary restriction

### REGISTRATION FEES

	Early (by 1/19)	Regular (1/20–2/12)	Late (2/13-3/1)	On-Site* (3/1-3/26)
SAAO Member**	<input type="checkbox"/> \$295	<input type="checkbox"/> \$395	<input type="checkbox"/> \$445	<input type="checkbox"/> \$595
Nonmember Student	<input type="checkbox"/> \$695	<input type="checkbox"/> \$795	<input type="checkbox"/> \$845	<input type="checkbox"/> \$995

**We highly recommend everyone going to Convocation become a SAAO member.**

**It's \$50 good until you graduate medical school & saves you \$400 on Convocation registration!**

\*Registrations received on or after March 1 will be processed as on-site registration.

\*\*SAAO OMS V members who are in or have completed a teaching year have the option to register for the physician track or the student track. This registration is for the **student** track.

### T-shirt Size

(Registrations received after January 1 are not guaranteed a T-shirt.)

Small  Medium  Large  XL  2XL  3XL  4XL

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## EVENTS

March 26 (select one or leave blank)

SAAO Board of Governors Day 1 12-5pm

NUFA program & social (NUFA only) 12-5pm

### Wednesday Activities, 9–10:30pm

Mentorship Program

Sheldon Yao, DO, FAAO  
Introduction to Facilitated Positional Release (FPR)

Christopher A, Medina, DO  
Integrating Visceral OMM Approaches to Diagnosis and Treatments

### Rank events from 1 (most desirable) to 3

Program where students are able to find physician mentors based on their specialty of interest. Students will get time to interact with mentors at Convocation.

In this workshop, students will be introduced to Facilitated Positional Release (FPR), a technique developed by Dr. Stanley Schiowitz, DO, FAAO. The session will cover the origin and principles of FPR, emphasizing its application in osteopathic manipulative medicine. Participants will learn how to apply FPR to various regions of the spine, enhancing their understanding of this gentle and effective technique. Through hands-on practice and guided instruction, students will gain the skills needed to address musculoskeletal issues using FPR and expand their osteopathic treatment repertoire.

This workshop focuses on enhancing osteopathic physicians' skills in integrating visceral OMM techniques into diagnosis and treatment. Participants will explore the connections between the musculoskeletal system and visceral organs, learning to assess and treat visceral dysfunctions. Techniques covered include visceral palpation, viscerosomatic and Chapman reflex treatments, and organ-specific manipulation. The workshop will guide attendees in applying these methods to conditions like cardiac, respiratory, gastrointestinal, and genitourinary disorders. This session aims to build confidence and competence in using visceral OMM techniques in practice.

March 27 (select one or leave blank)

SAAO Board of Governors Day 2, 12pm-5pm

\$30 Thursday lunch voucher (Exhibit hall, 11am-1pm)

### Thursday Workshops, 2:30–4pm (During SAAO BOG Day 2) Rank workshops from 1 (most desirable) to 2

Daniel B. Moore, DO, FCA  
Introduction to Osteopathy in the Cranial Field

To Shan Li, DO  
Making Tensegrity Come Alive (For OMS II/OMS III)

Background, origin, development, and application of Osteopathy in the Cranial Field. Time of the workshop will be split between brief lectures and palpatory training and experience opportunity.

The lab will highlight the similarities between standard physical diagnosis and osteopathic structural diagnosis. With examples and guidance, students will explore the body's remarkable ability to respond to OMT, regardless of technique, and witness the dynamic interconnectedness of the body in new and interesting ways.

### Thursday Workshops, 2:30–4pm (During SAAO BOG Day 2) Rank workshops from 1 (most desirable) to 2

Daniel B. Moore, DO, FCA  
Introduction to Osteopathy in the Cranial Field

Robert N. Agnello, DO, FACOPF  
Let's Get to the Point: Integrating Acupressure into Osteopathic Medicine (For OMS I/OMS II)

Background, origin, development, and application of Osteopathy in the Cranial Field. Time of the workshop will be split between brief lectures and palpatory training and experience opportunity.

This session will delve into the art and science of acupressure, exploring its synergy with osteopathic principles to enhance patient care. Participants will gain understanding of how to integrate acupressure techniques with osteopathic manipulative treatment (OMT). Through interactive demonstrations and practical exercises, attendees will develop essential skills in identifying and applying pressure to key acupressure points, aimed at alleviating pain and improving patient function.

### Thursday Activities

Mentorship Program 8:30-10pm

LBORC RPM Grand Rounds Research Forum (Shark Tank Style!) 8-10pm

Evening with the Stars & Stripes (students allowed) 8:30pm-10pm

Student Mixer 8:30-11pm

### Select all that apply

Program where students are able to find physician mentors based on their specialty of interest. Students will get time to interact with mentors at Convocation.

Format for this forum is similar to the TV show "Shark Tank" where investigators pitch their research proposals to a panel of experienced researchers.

A unique learning opportunity in the evening, where students, residents, and physicians can teach/learn new approaches and new OMM techniques. Everyone is encouraged to move around to engage with different physicians and groups as they wish.

This year's mixer theme is **Coastal Glow: Beach Bash!**

A unique opportunity to mingle with students & residents from all around the country. Games, light refreshments with cash bar, dancing, and raffle prizes.

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March 28 (select all that apply)  \$30 Friday lunch voucher

ONMM Residency Information Session 4-7pm (open house style, fill out box below)

## Friday Workshops, 2–3:30pm

### Rank workshops from 1 (most desirable) to 2

Regina K. Fleming, DO  
Still Technique and HVLA for the Lumbosacral Region  
(For OMS II/OMS III)

Do you struggle with correctly diagnosing the sacrum? Do you wish you knew some easy general techniques to treat the sacrum and the lumbar spine? Are you interested in learning how to treat the sacrum seated? Then come to this workshop, where you will learn how to treat the sacrum and lumbar spine using Still Technique and HVLA. You will learn techniques for specific diagnoses of the sacrum and lumbar spine as well as “shotgun” techniques to use in case you struggle with diagnosing these regions.

Travis Gordon, DO, MSc  
Linea Alba: The Emotional Root (For OMS I/OMS II)

The linea alba is generally understood as a fibrous “white line” extending from the xiphoid process to the pubic bone that mostly serves to stabilize core muscles. Dr. Robert Fulford often emphasized the emotional importance of the linea alba in his osteopathic teachings, and many osteopaths have witnessed emotional releases in its treatment. What is this mysterious structure? This workshop delves into the linea alba’s role as a recorder of in-utero emotional trauma leading to abdominal hernias, sympathetic facilitation, Chapman points, surgical interventions and more. This is a practical, root-cause analysis and hands-on treatment of human trauma.

## Friday Workshops, 4–5:30pm

### Rank workshops from 1 (most desirable) to 2

Regina K. Fleming, DO  
Still Technique and HVLA for the Lumbosacral Region  
(For OMS II/OMS III)

Do you struggle with correctly diagnosing the sacrum? Do you wish you knew some easy general techniques to treat the sacrum and the lumbar spine? Are you interested in learning how to treat the sacrum seated? Then come to this workshop, where you will learn how to treat the sacrum and lumbar spine using Still Technique and HVLA. You will learn techniques for specific diagnoses of the sacrum and lumbar spine as well as “shotgun” techniques to use in case you struggle with diagnosing these regions.

Lisa A. DeStefano, DO  
Sutural Cranial (For OMS I/OMS II)

This workshop will introduce a quick and effective way to diagnose and treat the cranium. An algorithmic diagnosis and treatment approach allows the learner to “deconstruct” the vault hold to understand the cranium’s sutural dysfunctions and strain patterns. The treatment approach is direct, effective, and, most importantly, safe.

## ONMM Residency Information Session 4-7pm (open house style)

What Program Pathway are you interested in? (Select all that apply)

- ONMM1 (36 mo.)  Part-time ONMM3 (12 mo. over 24 mo.)  
 ONMM2 (24 mo.)  Fellowship: \_\_\_\_\_  
 ONMM3 (12 mo.)  Other: \_\_\_\_\_

What program year are you hoping to start? \_\_\_\_\_

What geographical region(s) are you looking for?

- Northeast  East  Midwest  
 South  West

Do you have any particular programs in mind? \_\_\_\_\_

## Saturday Workshops, 1:30–3pm and 3:30–5pm

### Rank workshops from 1 (most desirable) to 2

Amy Joy Selwach, DO, MBA  
Visceral and Lymphatics Palpatory Experience and  
Techniques (OMS I/OMS II)

The purpose of this workshop is to provide a venue for students to gain additional experience feeling and treating the viscera and lymphatics. They will have the opportunity to receive hands-over-hands guidance while palpating viscera and lymphatic motion, as well as be introduced to simple yet effective and potent treatment techniques.

International Track (Republic of Korea), Korean Medicine  
Approach to Cervical Somatic Dysfunction

A hands-on workshop with Chuna Manipulative Treatment techniques for cervical somatic dysfunction, occipital bone dysfunction, and a discussion of approaches to medical acupuncture.

March 29 (select all that apply)  NUFA only: Magoun Memorial Forum (8-9:30am during morning lecture timeslot)

\$150 President’s Banquet

Meal preference:  Beef  Fish  Vegan  Gluten-free (hotel’s choice)

Visa  MasterCard  Discover

Check made payable to the AAO

Registration: \$ \_\_\_\_\_

Thursday lunch voucher (\$30) \$ \_\_\_\_\_

Friday lunch voucher (\$30) \$ \_\_\_\_\_

President’s Banquet (\$150) \$ \_\_\_\_\_

**TOTAL:** \$ \_\_\_\_\_

CREDIT CARD NUMBER

EXPIRATION DATE

NAME ON CARD

CVV NUMBER

SIGNATURE

CREDIT CARD BILLING ADDRESS (IF DIFFERENT FROM FIRST PAGE)

Send completed registration to:  
[eventplanner@academyofosteopathy.org](mailto:eventplanner@academyofosteopathy.org)