

Sequencing 1: The Stiles Approach to Finding the Key

Sunday, March 23rd through Tuesday March 25th, 2025
Location: Pre-Convocation 2025 at Rosen Shingle Creek
Course Director: Charles A. Beck, DO, FAAO
Register online at www.academyofosteopathy.org



Course Description

Sequencing is a road map for how to treat the body—it tells you where in the body to start treatment (and gives you a rationale for why), and then where to advance next, and when to end the treatment.

In this introductory course, you will learn the principles behind sequencing and how to apply them. We will cover eye dominance, how to blend with the tissue while palpating (blending palpation) in order to get the best feedback, how to move the patient utilizing the principles of tensegrity, and how to choose the treatment type. Examinations of each area of the body will be explored.

Additionally, we will learn how to sequence the pelvis utilizing Fred Mitchell, Sr.'s model of pelvic mechanics and tie that in with the rest of the body. Sequencing helps you to make sense of a complicated patient and guides you through their treatment. Sequencing makes each treatment unique for every patient at every visit. The key area is potentially different for every patient at every visit—so you may never treat in the same order or the same way twice. Sequencing makes you EFFECTIVE without learning new techniques every few months.

Course Goals & Objectives

- Make certain the practitioner knows their dominant eye and hand, what it means in relation to the patient and how to utilize it to get more consistent results.
- Introduce the concept of blending palpation, instruct the attendee on how to achieve this type of palpatory experience and use this new skill in assessing the patient.

- Describe and instruct the attendee in how to apply the concepts of tensegrity into their palpation of the patient. Utilize these principles in locating the key lesion.
- Instruct the attendee on how Fred Mitchell, Sr.'s model of the pelvis works and how it fits into sequencing.
- Instruct the attendee in how to apply all of the above objectives into locating the key lesion and then, through treatment of the key lesion, the attendee will be able to check their assessment and begin to self correct their assessment.

Continuing Medical Education

20 credits of AOA Category 1-A CME are anticipated.

Course Location

Rosen Shingle Creek
 9939 Universal Blvd.
 Orlando, FL 32819

Course Dates & Times

- Sunday, March 23, 2025 8am-5:30pm
- Monday, March 24, 2025 8am-5:30pm
- Tuesday, March 25, 2025 8am-12pm

Meal Information

Morning coffee/tea provided each day.
 Lunch not provided; a one-hour lunch break will be scheduled.

Course Director

Charles “Charlie” A. Beck, DO, FAAO graduated from the Pikeville College School of Osteopathic Medicine (now the University of Pikeville) in 2004. He was one of Pikeville’s first undergraduate fellows, staying an extra year in medical school to study osteopathic manipulation more in depth.

Taught by Edward G. Stiles, DO, FAAODist, Charlie was given an excellent foundation for learning manipulative medicine. He is the first resident in Neuromusculoskeletal Medicine in the history of his hospital and his state (Westview Hospital in Indianapolis, Indiana).

Charlie has taught courses and given presentations in the U.S. for the AAO, the Cranial Academy, the Indiana Academy of Osteopathy, and numerous countries around the world. He is a published author and researcher. As his learning deepens by working with others he is always searching for the commonalities between different practitioners and healing styles. This has allowed him to bring together osteopathy with dentistry and vision to give a unique perspective on your illness/injury. He continues to strive to integrate this learning into principles that are easily taught to others.

His primary practice is in Lebanon, IN.

Registration Fees

	On or before January 22, 2025		January 23–February 28, 2025		March 1–March 23, 2025	
	With Convo	Without Convo	With Convo	Without Convo	With Convo	Without Convo
Healthcare practitioner AAO member*	\$851	\$946	\$941	\$1,046	\$1,041	\$1,146
Resident or intern AAO member	\$671	\$746	\$761	\$846	\$861	\$946
Student member (SAAO)	\$491	\$546	\$581	\$646	\$681	\$746
Healthcare practitioner nonmember	\$1,211	\$1,346	\$1,301	\$1,446	\$1,401	\$1,546
Resident or intern nonmember	\$1,031	\$1,146	\$1,121	\$1,246	\$1,221	\$1,346
Student nonmember	\$851	\$946	\$941	\$1,046	\$1,041	\$1,146

* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.