

End of Life: Osteopathic View

Date: January 10, 2024

Location: Virtual

Course Director: Karen J. Nichols, DO, MA, MACOI

Register online at www.academyofosteopathy.org

Course Description

It is a medical fact that all human beings will die. Since only about 10% of people die in what is categorized as sudden death, a more prolonged dying process will be ahead for almost all of our patients. And that also includes us and our loved ones. There is hardly any other human experience that calls upon all the skills, knowledge and wisdom of the osteopathic physician. And nearly every specialty must deal with at least one diagnosis that leads to the end of life. This workshop will present a series of ethical dilemmas at end of life, delivered in an interactive format. Emphasis will be on the whole person osteopathic approach.

Course Objectives

- Be able to explain why clarifying the patient's goals of care is critical to providing appropriate patient-oriented end of life decision-making.

- Define the ethical difference between withholding vs. withdrawing life support measures.
- Describe the impact of creating time-limited trials for life support measures.

Continuing Medical Education

2 credits of AOA Category 1-A CME anticipated

Course Location

Virtual (Zoom)

Course Dates & Times

January 10, 2024 from 7pm to 9pm EST

Course Director

Karen J. Nichols, DO, MA, MACOI, a graduate of Kansas City University of Medicine and Biosciences College of Osteopathic Medicine, was the Dean of Midwestern University Chicago College of Osteopathic Medicine (MWU/CCOM) from 2002-2018. She is the former Chair of the AOA Council on Palliative Care Issues. She is also the founding chair of the AOA End of Life Care Committee and has published and lectured nationally on this topic.



Registration Fees

Academy member in practice*	\$ 70
Resident or intern member	\$ 60
Student member	\$ 50
Nonmember practicing DO or other health care professional	\$400
Nonmember resident or intern	\$320
Nonmember student	\$256

* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Questions or need additional information? Contact event planner Jasmine Eisinger at eventplanner@academyofosteopathy.org

