

AOBNMM Orals Certification Board Prep

Date: September 17, 2026 OR September 19, 2026

Location: Virtual (Zoom)

Course Director: Darren L. Grunwaldt, DO

Register online at www.academyofosteopathy.org



Course Description

The initial AOBNMM board exam has three components: written, oral, and practical. By a significant margin, whenever a resident fails an initial attempt taking the board exam, it is due to failure of the oral portion. Per discussion with first time test takers, the oral portion is the least familiar format following their residency. Preparation for the oral portion tends to be less commonly available or performed than either the written or practical portions. Failure of board exams due to inadequate performance, or mastery of material is reasonable. Lack of familiarity with the format is not a reason people should fail a first exam as it does not measure mastery of the material. More exposure to the oral board format is needed for our residents. This course will be live only; recordings will not be made available. Medical students are ineligible for this course.

Course Goals & Objectives

At the conclusion of this workshop, the learner should be able to:

- Access resources and rules for enrollment and preparation for AOBNMM board exam
- Be familiar with general process and timing involved in AOBNMM oral exam
- Facilitate a study practice within their own residencies to practice and learn from oral board exercises throughout the training years

Continuing Medical Education

1.5 credits of AOA Category 1-A CME anticipated

Course Location

Online (Zoom link to be provided the week of the course)

Course Dates & Times

- Thursday, September 17, 2026, 7pm EDT
- OR**
- Saturday, September 19, 2026, 12 pm EDT

Course Director

Darren L. Grunwaldt, DO works as an ONMM specialist seeing ambulatory and inpatient consultations, offering didactics, and precepting for residents. Dr. Grunwaldt graduated from MSUCOM in 2005 after completing an undergraduate fellowship in OMM. He completed his FM/ NMM integrated residency at Metropolitan Hospital in Grand Rapids, Michigan, in 2009. Darren worked for Mount Clemens Regional Medical Center and as an associate professor for MSU-COM's satellite campus at Mount Clemens Community College. He rejoined Metro in 2010, becoming its program director in 2014, transitioning that program to the ACGME ONMM format. He works at Trinity Health in Muskegon since 2021, transitioning to their ONMM Program Director in 2022. Dr. Grunwaldt has been active with the American Academy of Osteopathy on the post-graduate Training Committee and facilitating didactics at their annual Convocation. He has also been active in Michigan's Statewide Campus System facilitating educational material for residents for most of his medical career.

Registration Fees

Academy Members (Any Member Type)*	\$55
Non-member Rate	\$125

* AAO Associate Members, International Affiliates and Supporter Members are entitled to register at the same fees as Academy Members.

Questions or need additional information? Contact the event planner at eventplanner@academyofosteopathy.org