

Advanced Fascial Distortion Model Concepts



LOCATION

Hilton Anatole, Dallas, TX

DATE

March 16, 2027

COURSE DIRECTOR

Todd A. Capistrant, DO, MHA



Todd A. Capistrant, DO, MHA, a Minnesota native, graduated from Des Moines University and completed his residency at University of Minnesota Bethesda Family Practice Residency. He moved to Alaska, where he pursued dog sled racing, completing the Iditarod, and joined the Osteopathic Manipulative Medicine department at Foundation Health Partners in Fairbanks. His practice has grown through the Fascial Distortion Model (FDM), and he has authored two FDM books plus a chapter in Foundations for Osteopathic Medicine. As owner of the FDM Academy instructor group and a certified FDM instructor, he teaches nationally, advancing osteopathic medicine and improving outcomes for patients and athletes alike.

Course Description

Ready to take your Fascial Distortion Model (FDM) skills further? This advanced CME course builds on the first three introductory modules, deepening your clinical reasoning and hands-on application of the FDM. Designed for practitioners who've completed at least one introductory module and seen strong clinical results, it lets you learn alongside experienced instructors who've applied FDM with thousands of patients across diverse settings. You'll continue working with the six fascial distortions while learning advanced techniques for addressing the structural, functional, and pain-related changes they cause, using practical demonstrations, case-based learning, and expert instruction to expand your treatment toolkit for daily practice. Topics include FDM applications in sports injuries, pediatric and newborn care, concussion management, and other challenging clinical presentations, so join us to sharpen your skills and unlock new possibilities for patient outcomes.

Course Objectives

Upon completion of this course, participants will be able to: Apply advanced FDM principles to evaluate and manage complex musculoskeletal conditions. Differentiate the six fascial distortions and select appropriate advanced techniques for each. Integrate advanced FDM concepts into clinical decision-making for fascial changes affecting pain, movement, and function. Demonstrate advanced manual therapy techniques for each fascial distortion safely and effectively. Apply FDM principles to specialized populations, including athletes, pediatric and newborn patients, and concussion recovery. Analyze clinical cases to develop evidence-informed, patient-centered FDM treatment plans. Recognize indications, contraindications, and precautions for FDM application.

Prerequisite: Pre-convocation module 1 or any other FMD Modules.

Continued Medical Education: **8 credits** of AOA Category 1-A CME are anticipated.

	On or Before January 5, 2027		January 6 - February 19, 2027		After February 19, 2027	
Registration Fees	With Convo	Without Convo	With Convo	Without Convo	With Convo	Without Convo
Academy Member	\$322	\$358	\$367	\$408	\$547	\$608
Resident Member (DO or MD)	\$232	\$258	\$277	\$308	\$457	\$508
Student Member	\$142	\$158	\$187	\$208	\$367	\$408
Nonmember practicing DO or other health care professional	\$772	\$858	\$817	\$908	\$997	\$1,108
Nonmember Resident or Intern	\$592	\$658	\$637	\$708	\$817	\$908
Nonmember Student	\$412	\$458	\$457	\$508	\$637	\$708

**The AAO's associate members, international affiliates, and supporter members are entitled to register the same fees as full members*

COURSE LOCATION

Hilton Anatole
2201 N Stemmons Fwy, Dallas, TX

COURSE DATES & TIMES

March 16, 2027, 8am-5pm

MEAL INFORMATION

Coffee/tea provided. Lunch not provided.

Questions or need additional information? Contact event planner at eventplanner@academyofosteopathy.org