

# AOBNMM Oral Certification Board Prep

Thursday, September 12, 2024, 7-8:30pm EST or  
Saturday, September 14, 2024, 12-1:30pm EST

Location: Virtual (Zoom)

Course Director: Darren L. Grunwaldt, DO

Register online: [September 12](#) | [September 14](#)



## Course Description

The initial AOBNMM board exam has three components: written, oral, and practical. By a significant margin, whenever a resident fails an initial attempt taking the board exam, it is due to failure of the oral portion. Per discussion with first time test takers, the oral portion is the least familiar format following their residency.

Preparation for the oral portion tends to be less commonly available or performed than either the written or practical portions. Failure of board exams due to inadequate performance, or mastery of material is reasonable. Lack of familiarity with the format is not a reason people should fail a first exam as it does not measure mastery of the material. More exposure to the oral board format is needed for our residents. This course will be live only; recordings will not be made available. Medical students are ineligible for this course.

## Course Goals & Objectives

At the conclusion of this workshop, the learner should be able to:

1. Access resources and rules for enrollment and preparation for AOBNMM board exam
2. Be familiar with general process and timing involved in AOBNMM oral exam
3. Facilitate a study practice within their own residencies to practice and learn from oral board exercises throughout the training years

## Continuing Medical Education

1.5 credits of AOA Category 1-A CME anticipated

## Course Location

Online (Zoom link to be provided the week of the course)

## Course Dates & Times

Choose one:

- Thursday, September 12, 2024 at 7pm-8:30pm EST
- Saturday, September 14, 2024 at 12pm-1:30pm EST

## Course Director

**Darren L. Grunwaldt, DO** works as an ONMM specialist seeing ambulatory

and inpatient consultations, offering didactics, and precepting for residents.

Dr. Grunwaldt graduated from MSUCOM in 2005 after completing an undergraduate fellowship in OMM. He completed his FM/NMM integrated residency at Metropolitan Hospital in Grand Rapids, Michigan, in 2009. Darren worked for Mount Clemens Regional Medical Center and as an associate professor for MSU-COM's satellite campus at Mount Clemens Community College. He rejoined Metro in 2010, becoming its program director in 2014, transitioning that program to the ACGME ONMM format. He works at Trinity Health in Muskegon since 2021, transitioning to their ONMM Program Director in 2022.

Dr. Grunwaldt has been active with the American Academy of Osteopathy on the post-graduate Training Committee and facilitating didactics at their annual Convocation. He has also been active in Michigan's Statewide Campus System facilitating educational material for residents for most of his medical career.

## Registration Fees

Academy member	\$45
Nonmember DO, MD, or other healthcare professional	\$110

\* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Questions or need additional information? Contact event planner Dreonna Howard at [eventplanner@academyofosteopathy.org](mailto:eventplanner@academyofosteopathy.org)

