

# Myofascial Release

**Date: May 5-8, 2023**

**Location: Indianapolis, IN**

**Course Director: Lisa Ann DeStefano, DO**

**Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org)**



## Course Description

This course aims to help participants continuously consider the functional reasons for pain and find function rather than eliminate pain. This course will help participants learn how myofascial release palpatory and treatment techniques can be used alone or in conjunction with other manual medicine methodologies. This course also hopes to assist participants in developing the ability to think about specific anatomical areas in three dimensions, both statically and dynamically, and the ability to assess and treat specific myofascial problems.

## Continuing Medical Education

20 credits of AOA Category 1-A CME anticipated

## Course Location

The Pyramids, Building Three  
3500 DePauw Blvd., Lower Level,  
Conference Rooms A and B  
Indianapolis, IN 46268

## Meal Information

Morning coffee/tea provided each day. Lunch provided Friday and Saturday.

## Course Dates & Times

- May 5, 2023, 8 am-5:30 pm
- May 6, 2023, 8 am-5:30 pm
- May 7, 2023, 8 am-12:15 pm

## Travel Arrangements

Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or [globallyyourstravel@cox.net](mailto:globallyyourstravel@cox.net).

## Course Director

**Lisa Ann DeStefano, DO**, has chaired the Department of Osteopathic Manipulative Medicine at the Michigan State University College of Osteopathic Medicine (MSUCOM) in East Lansing since 2004. A protégé of the late Philip E. Greenman, DO, FAAODist, Dr. DeStefano edited the fourth and fifth editions of the textbook Greenman's Principles of Manual Medicine.

A 1993 graduate of MSUCOM, Dr. DeStefano is board certified in osteopathic manipulative medicine and neuromusculoskeletal medicine and in osteopathic family medicine.

## Registration Fees

	On or before Mar. 5, 2023	Mar 6, 2023- May 1, 2023	May 2, 2023- May 5, 2023
Academy member in practice*	\$650	\$700	\$850
Resident or intern member	\$450	\$500	\$650
Student member	\$250	\$300	\$450
Nonmember practicing DO or other health care professional	\$950	\$1,000	\$1,150
Nonmember resident or intern	\$750	\$800	\$950
Nonmember student	\$550	\$600	\$750

\* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Questions or need additional information? Contact event planner Jasmine Eisinger at [eventplanner@academyofosteopathy.org](mailto:eventplanner@academyofosteopathy.org)



# A Fascial Approach to The Thoracic Viscera

**Date: November 11-13, 2022**

**Location: Dublin, OH**

**Course Director: Richard G. Schuster, DO**

**Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org)**

<b>Registration Fees</b>	<b>On or before Sept. 5, 2022</b>	<b>Between September 6 and November 5</b>	<b>On and After November 6, 2022</b>
Academy member in practice*	\$750	\$800	\$1,000
Resident or intern member	\$550	\$600	\$800
Student member	\$350	\$400	\$600
Nonmember practicing DO or other health care professional	\$1,050	\$1,100	\$1,300
Nonmember resident or intern	\$850	\$900	\$1,100
Nonmember student	\$650	\$700	\$900

\* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

## Registration Form

A Fascial Approach to The Thoracic Viscera • November 11-13, 2022

- I am a practicing health care professional.
- I am a resident or intern.
- I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Name: \_\_\_\_\_ AOA No.: \_\_\_\_\_

Credit card No.: \_\_\_\_\_

Nickname for badge: \_\_\_\_\_

Cardholder's name: \_\_\_\_\_

Street address: \_\_\_\_\_

Expiration date: \_\_\_\_\_ 3-digit CVV No.: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Billing address (if different): \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Email: \_\_\_\_\_

Signature: \_\_\_\_\_

By registering for this course, you agree to abide by the AAO's [code of conduct](#), [photo and video release](#), and [cancellation policy](#).



Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org), or submit this registration form and your payment by email to [Eventplanner@academyofosteopathy.org](mailto:Eventplanner@academyofosteopathy.org); by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.

